

Welcome

The primary purpose of Fundy National Park is to protect for all time a nationally significant and representative part of the Maritime Acadian Highlands Natural Region of Canada. The public is encouraged to understand, appreciate, and enjoy this heritage so as to leave it unimpaired for this and future generations.

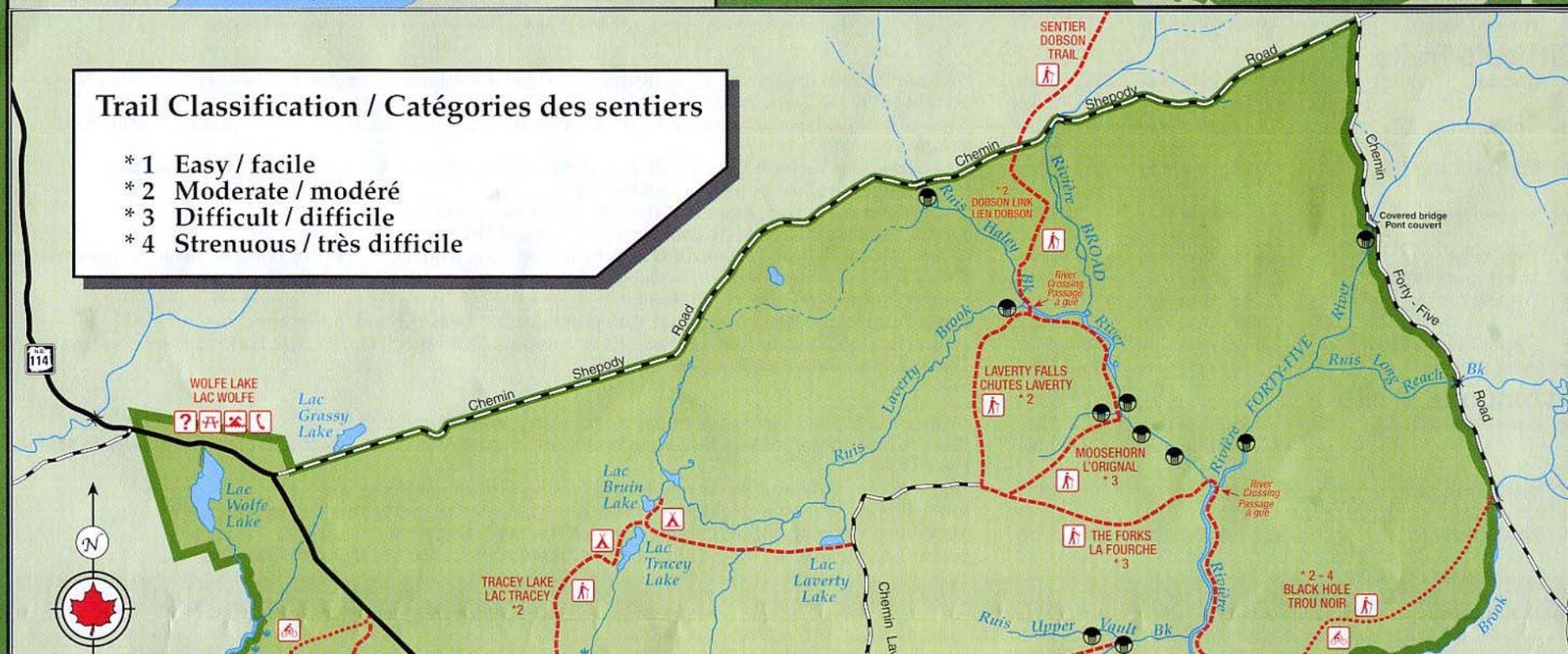
Bienvenue

La raison première du parc national Fundy est de protéger à jamais une partie significative, à l'échelle nationale, et représentative de la région naturelle montagneuse maritime acadienne du Canada. Le public est encouragé à comprendre, à apprécier et à tirer plaisir de ce patrimoine afin de le garder intact pour cette génération ainsi que celles à venir.



Trail Classification / Catégories des sentiers

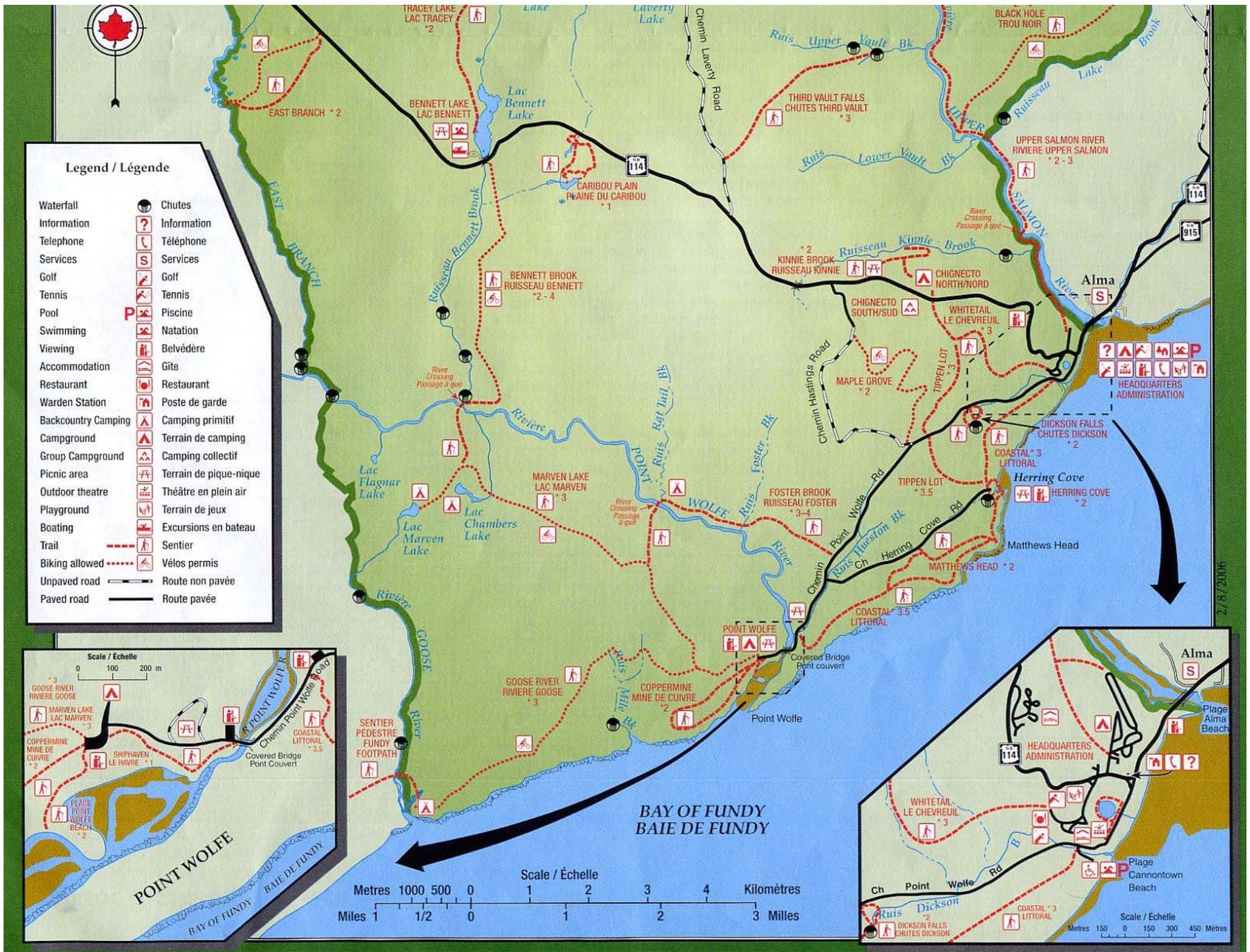
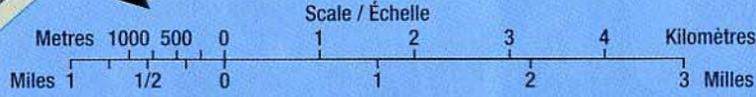
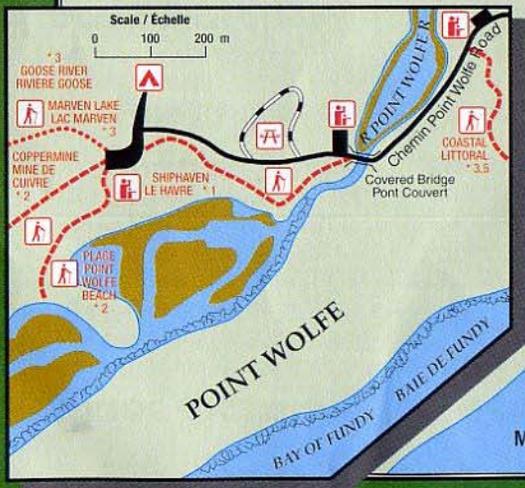
- * 1 Easy / facile
- * 2 Moderate / modéré
- * 3 Difficult / difficile
- * 4 Strenuous / très difficile





Legend / Légende

Waterfall		Chutes	
Information		Information	
Telephone		Téléphone	
Services		Services	
Golf		Golf	
Tennis		Tennis	
Pool		Piscine	
Swimming		Natation	
Viewing		Belvédère	
Accommodation		Gîte	
Restaurant		Restaurant	
Warden Station		Poste de garde	
Backcountry Camping		Camping primitif	
Campground		Terrain de camping	
Group Campground		Camping collectif	
Picnic area		Terrain de pique-nique	
Outdoor theatre		Théâtre en plein air	
Playground		Terrain de jeux	
Boating		Excursions en bateau	
Trail		Sentier	
Biking allowed		Vélos permis	
Unpaved road		Route non pavée	
Paved road		Route pavée	



2/8/2006

Trail Guide



Brief trail descriptions are provided below. For more detailed information, you can purchase the *Fundy National Park Trail Guide* available at the Visitor Centre book store.

Trail Rating:

- Easy trails are short and level, and can be hiked by almost anyone.
- Moderate trails are of medium length (3-6 km), or are shorter trails with a major hill. Most people should have little difficulty. Be prepared for changing weather.
- Difficult trails are long, with steep sections, rough terrain, and/or river fords. You should have a map, a first-aid kit, extra clothing, drinking water and food.
- Strenuous trails include terrain which is very steep and physically demanding. Previous backcountry experience is essential. Be prepared with a map and compass, a first-aid kit, extra clothing, water, and food.

Please note that the time suggested for each trail is average hiking time and includes only brief stops.

Easy Trails

- Caribou Plain
- Shiphaven

Length	Time
2.1 km loop	1 - 1.5 hrs
0.5 km one way	15 min

Description

Mixed forest, good birding, beaver pond. 0.5 km wheelchair accessible section. Interpretive panels. Magnificent view of Point Wolfe estuary. Interpretive panels.

Moderate Trails

- Coppermine
- Dickson Falls
- Dobson Link
- East Branch
- Herring Cove Beach
- Kinnie Brook
- Laverty Falls
- Maple Grove
- Matthews Head

Length	Time
4.4 km loop	1.5 - 2 hrs
1.5 km loop	30 min
2.6 km one way	1 - 1.5 hrs
5.6 km loop	2 - 2.5 hrs
0.5 km one way	20 min
1.4 km one way	45 min
2.5 km one way	1 - 1.5 hrs
4.0 km one way	1.5 - 2 hrs
4.5 km loop	1.5 - 2 hrs

Small footbridges over mossy brooks. Cool shaded forest, old mine site and great views. Boardwalk through cool valley past tumbling cascades to a waterfall. Interpretive panels. Shepody Road to Laverty Falls and Moosehorn Trails: 1 river crossing. Connects to Dobson Trail. Logging dam and hauling road to the river. Access to beach and tidal cave. Interpretive panels. Steep-walled valley, disappearing stream, lush floodplain. Interpretive panels. Descent to the brook. Curtain waterfall. Old road through open hardwood forest. Beautiful fall colours. Continuous grade. Former homestead with rock foundations. Breathtaking views of the bay.(1.4 km from trailhead to junction with Coastal Trail, extra 100 m spur leads to Matthews Head). Descent to beach through red spruce forest. Home to moose, black spruce and pitcher plants. Uneven sections with wet areas.

- Point Wolfe Beach
- Tracey Lake

Length	Time
0.6 km one way	20 min
7.0 km one way	2.5 hrs

Difficult Trails

- Coastal
- Goose River
- Marven Lake
- Moosehorn
- The Forks
- Third Vault Falls
- Tippen Lot
- Upper Salmon River
- Whitetail

Length	Time
a) 3.2 km one way	1.5 - 2 hrs
b) 6.9 km one way	2.5 - 3 hrs
7.9 km one way	2.5 - 3 hrs
8.0 km one way	2.5 - 3 hrs
4.8 km one way	2.0 hrs
3.4 km one way	1.5 - 2 hrs
3.7 km one way	1.5 - 2 hrs
a) 2.3 km one way	1.5 hrs
b) 1.9 km one way	1 hour
8.8 km one way	3.5 - 4 hrs
3.2 km one way	1 - 1.5 hrs

Swimming Pool to Herring Cove. Ridge-top view. Junction with Tippen Lot near Herring Cove. Herring Cove to Point Wolfe. Fern glades, lush forest and coastal views. Steep sections. View of Martin Head and rugged cliffs at river. Sandbar and small salt marsh at river. Connects to Fundy Footpath. Connects with Bennett Brook Trail. Marven and Chambers Lakes are shallow, dark and have boggy edges. Bullfrogs, moose and beaver. Steep descent to river. Smooth riverbank rocks and potholes, rapids, floodplain. Connects with Laverty Falls and Dobson Link. Steep descent to Broad River, difficult return. Connects with the Upper Salmon River Trail. 1 river crossing. Park's highest waterfall (16m) in deep valley, invigorating pool at its base. Steep section. From Whitetail to Point Wolfe Road. From Point Wolfe Road to Coastal Trail junction. Old beaver pond, panoramic view of forest. From Headquarters to Black Hole: 1 river crossing. From Black Hole to the Forks: 1 river crossing. From tennis courts to Chignecto South.

Strenuous Trails

- Bennett Brook
- Black Hole
- Foster Brook

Length	Time
a) 6.0 km one way	1.5-2 hrs
b) 1.7 km one way	1.0 hrs
5.5 km one way	2 hrs
4.4 km one way	2.5 - 3 hrs

Brings you to the upper edge of the brook valley, view from bluff. Bikes not permitted. Steep descent to brook and river. 2 river crossings. Rocky climb from river to Marven Lake Trail. Old road in hardwood forest that leads to valley rim. Steep, rocky descent to the Upper Salmon River Trail. Cyclists must use caution on the final leg into the valley. Very steep descent. Follows floodplain to a river crossing near a wide cobble bar, then steep climb through older growth red spruce forest. 1 river crossing