

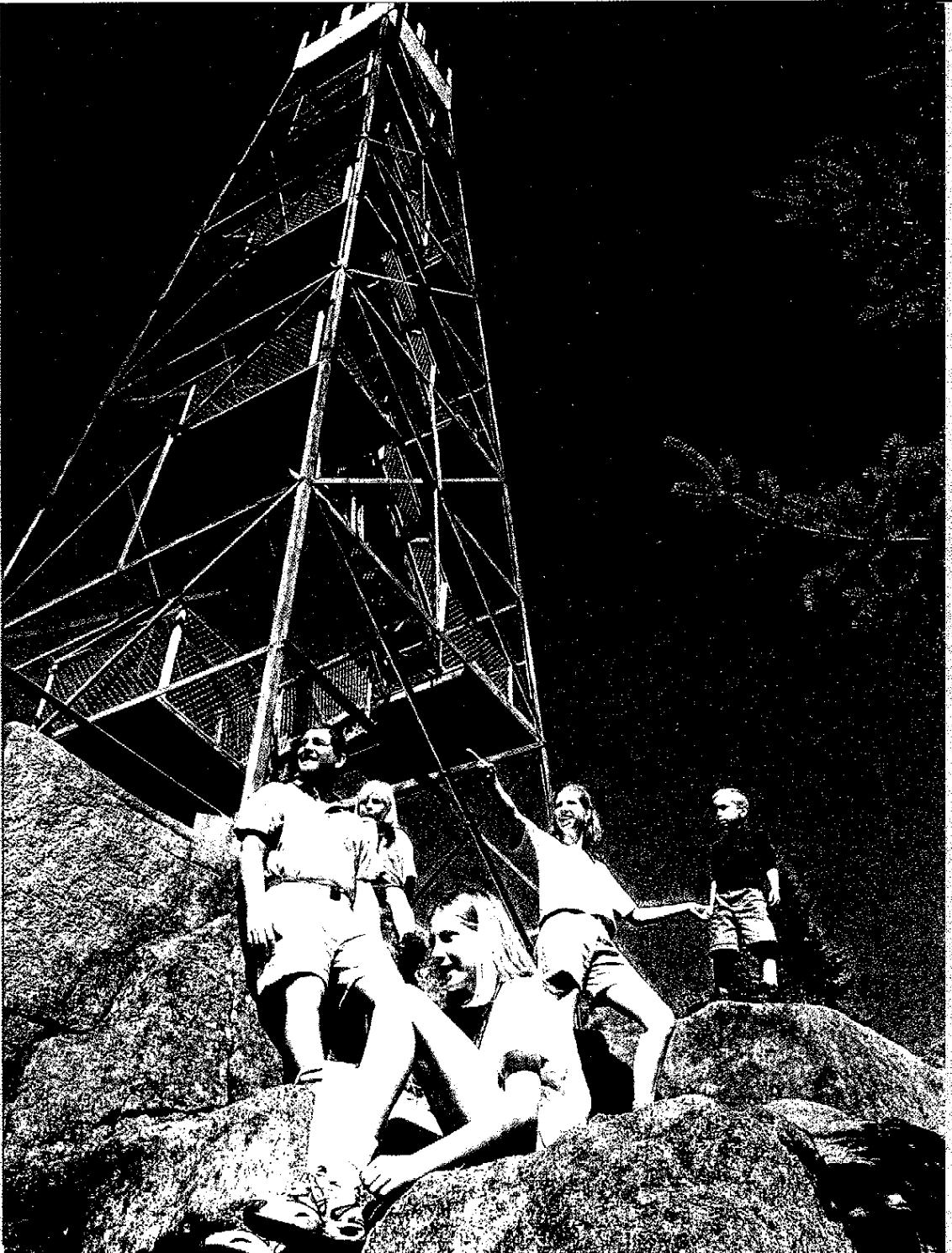
# ADIRONDACK GREAT WALKS & DAY HIKES

REVISED & EXPANDED: Includes Recent State Land Acquisitions



Published & distributed by the Adirondack Regional Tourism Council  
518-846-8016 • <http://adk.com>

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## Changing the Focus of Hiking in the Adirondacks

The glory of hiking in the Adirondacks is that in the course of a day, you may reach a destination that offers wilderness solitude or views of unbroken forest, lakes and mountains.

And by evening, you can be dining in a fine restaurant, later to be tucked into a comfortable bed.

The Adirondack Park is a patchwork of private and public lands, unlike any other park in the United States. So while the backcountry inventory is immense — the nation's largest trail system at more than 2,000 miles — so too, are the nearby comforts.

- The day hikes offered in the guide offer diverse experiences and are rated for various levels of ability. There are short and/or easy hikes to ponds and views suitable for families with children, long circuits, steeper hikes to mountain summits and destination walks to waterfalls.
- All the day hikes in this booklet share a single theme: they are paths less taken. In consultation with the Department of Environmental Conservation, we have chosen hiking experiences throughout the Adirondacks that expose visitors to a broad range of terrain and forest types on stable trails, often undiscovered by hordes of other hikers. Because overuse is a problem in some areas of the Adirondack Forest Preserve, we direct you to other equally significant destinations.
- Learn about additions to Adirondack recreational lands owned by the state. Look for starred (★) trail descriptions on the following pages for recent acquisitions and new experiences.



View of Lake Lila from Frederica Mtn. in the Central Adirondacks. (Great Walk on page 8.) The area around nearby Little Tupper Lake, a recent NY State acquisition, offers canoeing opportunities and easy walking on old logging roads. (New Great Walk on page 8.)

- The maps and trail descriptions in this guide are only a STARTING POINT for further research. Once you have settled on the trail or trails in which you are interested, purchase the appropriate topographic map and guide book. Resources are listed on pages 21 and 22.

Have fun, hike prepared (see page 20) and consider the services of a licensed guide (see page 23) if you want to get the most out of your backcountry experience.



The Tongue Mtn. Range offers spectacular ridgeline views of northern Lake George. (Great Walk on page 19.)

## The Ten Rivers Region

The Ten Rivers Region has been identified to help outdoor recreation lovers learn more about this area where a number of premium paddling and hiking experiences are concentrated. It is comprised of all the land within a 30-mile radius of the intersection of the boundary lines of Franklin, Hamilton and St. Lawrence Counties and also includes part of Essex County.

In the Ten Rivers Region you will find:

- Cold River, with headwaters at Duck Hole/Preston Ponds
- Raquette River, with headwaters at Blue Mountain Lake
- Beaver River, with headwaters at Lake Lila
- Marion River, with headwaters at Blue Mountain Lake
- Hudson River, with headwaters at Lake Tear in the Clouds
- Oswegatchie River, with headwaters at Cranberry Lake
- St. Regis River, with headwaters at Upper St. Regis Lake
- Bog River, with headwaters at Lows Lake
- Grass River, with headwaters at Massawepie Lake
- Saranac River, with headwaters at Upper Saranac Lake

For a brochure about the Ten Rivers Region, call 800 974-7495, or visit on the web at [tupperlake.net/canoe.htm](http://tupperlake.net/canoe.htm)

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The large map on page 4 is very useful for finding your way around this publication. Also, please take a moment to read "How to use the descriptions and maps."	
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If you need information on trail conditions and permits, this is who you call. The DEC also distributes a number of free publications.	
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**DISCLAIMER:** By its compilation and distribution of this brochure, the Adirondack Regional Tourism Council assumes no responsibility of any nature for damages or injury to persons or property arising out of or resulting from travel on any of the routes described herein, or from any service, sales or accommodations provided by the businesses represented herein, and accordingly, does disclaim any and all liability on its part for such damages or injuries should they occur.

## Great Walks &amp; Day Hikes Map Index

## How to use the Descriptions &amp; Maps

## DESTINATIONS

Many different kinds of walks and hikes are outlined on the pages to follow. Look over the information and select the destinations that match your interest and ability. The walks and hikes are first grouped by area on 15 different maps. On each map page the walks and hikes are grouped by type of destination and then listed from shortest to longest distance. A special symbol (♂) indicates those trails accessible to people with disabilities.

## GET MORE INFORMATION

The descriptions are brief and the maps rudimentary – the information provided here is not intended to be used as a working field guide. The complex nature of some of the trail networks found in the Adirondacks requires that you obtain a good map and guidebook before setting out on most of these hikes. Trail intersections may be encountered that are not shown on these maps and you could become lost or confused. The guidebooks and maps will not only help make your outing a safer one, they will also enhance your experience by providing interesting background information on the areas you will be visiting.

On each map page of this publication is a **Guide to Resources** – a list of guidebooks and maps that provide detailed information on routes suggested on that page. A complete list of guidebooks and maps is found on page 21-22. Some descriptions include a phone number where you can obtain a brochure or more information. The Nature Conservancy Preserve trails and some marked nature trails may have brochures available at the trailhead; this is also noted in the description.

## TIME AND DISTANCE

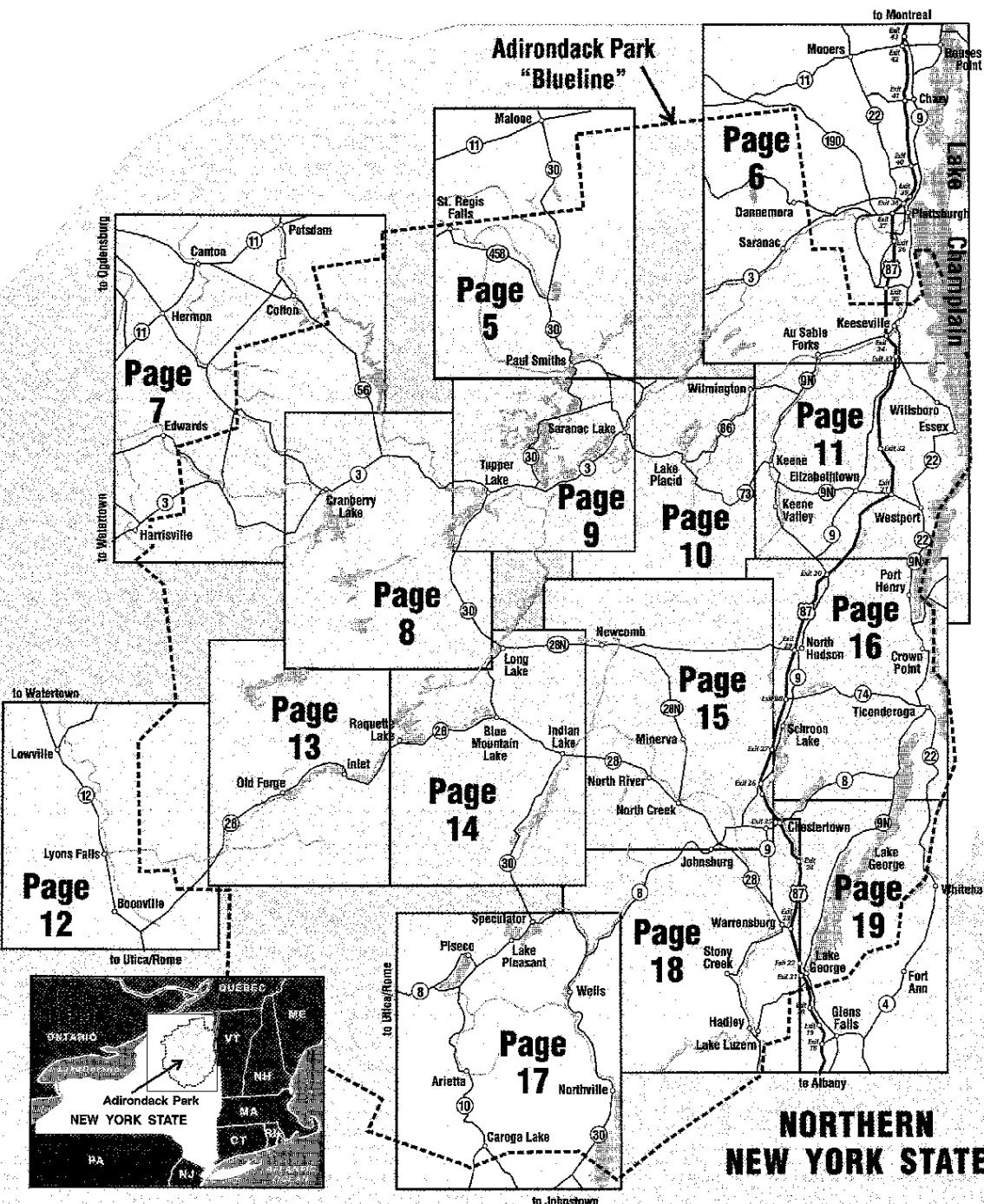
Most of the trips suggested can be completed in a day or even a half-day. The more difficult trips will require more time to complete than easier ones even if they are the same distance. Most of the trip distances are shown as **round-trip (RT)** or loop trips. Some distances may be one-way and require two cars.

## DIFFICULTY RATINGS

In addition to the rating explanations that follow, please take into consideration your own physical preparedness and the ability of the least experienced member of your party. **EASY** ratings include short trips or mostly level terrain or both. **MODERATE** ratings include longer trips, rougher terrain and some climbing. **DIFFICULT** ratings include prolonged steep climbing or are longer and more remote. Previous experience will be helpful.

## Great Walks

Several outings on each of the following pages have been designated as a “Great Walk” – these are special destinations and trails that provide a better than average experience. There may be a waterfall, a Great Camp, an extraordinary view, a historic site or an unusual natural formation. Look for the following symbol ♂ just prior to the description.



Malone-Paul Smiths-Saint Regis Falls

FRANKLIN COUNTY

Views

**Elephant Head** (1 mile RT, easy) This woodland trail leads to an isolated hilltop with views to the north of Lake Titus and Titusville Mountain.

**Azule Mtn.** (2 miles RT, moderate) Off the beaten track, this mountain offers amazingly good views in almost every direction from a huge ledge on the summit where an abandoned firetower is located. This is a great spot to view ravens as well as the distant High Peaks.

**Debar Mtn.** (7.4 miles RT, moderate, entrance fee to state campground) This is a relatively easy hike with a steep final ascent to a partially open summit with several overlooks.

**Jenkins Mtn.** (8.4 miles RT, easy) Walk on the remains of an old road over mostly gentle terrain to this partially open summit with great views of the St. Regis Canoe Area. Contact the Visitor Interpretive Center at Paul Smiths (518-327-3000) for directions and a map.

Lakes

**Debar Pond** (.6 miles RT, easy) This is a short boardwalk trail that crosses a wetland and leads to the shore of this pretty glacial pond which can be further explored by canoe.

Nature Trails

**Everton Falls** (Nature Conservancy preserve) The waterfall is located just off the road. A canoe access site above the falls enables paddlers to travel upstream through an interesting 10-mile stillwater. A trail through the preserve explores the hardwood forest — trail guides are available at the trailhead.

**A Red Dot Trail** (2.5 mile loop plus several spur trails, easy) This is an interesting walk with glacial ponds and eskers, a grove of towering Cathedral Pines, and a unique old canal that connects the ponds to larger Osgood Pond. There are four lean-tos, two wooden bridges, nicely situated benches and great views overlooking Osgood Pond.

**A (VIC) Adirondack Park Visitor Interpretive Center at Paul Smiths** (4.2 miles of marked nature trails, easy) There are five hiking trails that traverse a variety of environments — marsh, lake, river and forest — and include elevated viewing platforms, boardwalks, benches, a lean-to, wayside exhibits, and a 250-foot floating bridge. There is a trail designed especially for people with disabilities that has an extended streamside boardwalk and a viewing platform overlooking the marsh. Interpretive exhibits, slide presentations, visitor information, restrooms, special events and workshops are found in the main building. (For a longer trail and views, see Jenkins Mtn., described above, which starts from this location.) 518-327-3000. &

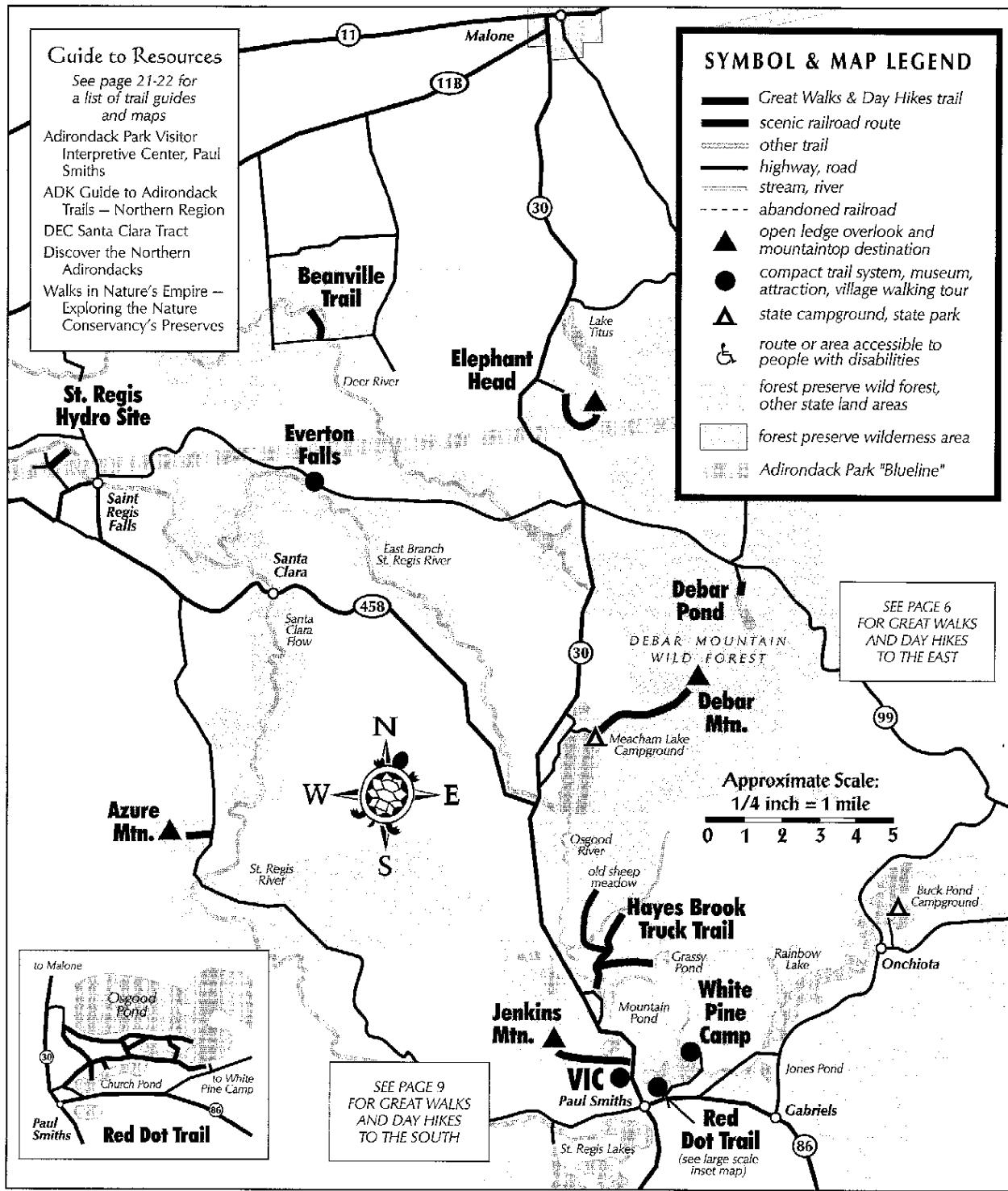
Historic Sites/Woods/Waterfalls

**St. Regis River Hydro Site** (.5 miles RT, easy) This is a level walk on a road to views of the waterfalls and rapids on the St. Regis River.

**Beanville Trail** (1 mile RT, easy) This undulating trail parallels a remote section of the Deer River and passes deep pools, rapids and waterfalls.

**A White Pine Camp** (2.5 miles of trails and paths, admission fee) Built in 1907, this Adirondack Great Camp on Osgood Pond served as the Summer White House for President Calvin Coolidge from July to September in 1926. It includes 20 on-site buildings situated among white pines on a hillside above the lake. There is a guided walking tour of the buildings and grounds, exhibits on White Pine Camp's history and architecture, and special activities. 518-327-3030.

**Hayes Brook Truck Trail** (7.2 miles RT to old sheep meadow, easy) Walk or ride your bike on these wide dirt roads that traverse a pine plantation and forest. The main trail leads to an old sheep meadow and an alternate spur trail dead-ends near Hayes Brook. The Grassy Pond spur trail is 1.4 miles long and leads to a well-appointed lean-to on the shore of the pond.



## Adirondack Great Walks & Day Hikes

ADIRONDACK REGIONAL TOURISM COUNCIL

Au Sable Forks-Champlain-Chazy-Clayburg-Clintonville-Dannemora  
Keeseville-Mooers-Plattsburgh-Redford-Rouses Point  
CLINTON COUNTY  
Views

**Silver Lake Mtn.** (1.8 miles RT, easy) The summit ridge of this mountain is a series of open rock ledges with outstanding views of Silver Lake, Union Falls Pond, Taylor Pond, Catamount and Whiteface Mtn. The trail to the top has several open views and rocky sections along the way.

**Lyon Mtn.** (5 miles RT, difficult) The "international" view from the top of this mountain includes the skyline of Montreal, the Adirondack High Peaks, Lake Champlain and the Green Mountains. It is a steep climb to the open summit and its abandoned fire tower.

### Lakes

**Valcour Island** (1 mile water crossing from the Peru boat launch, difficult, and 7.5 miles of trails, easy) This historic island, now owned by the state, was the site of a pivotal naval battle during the Revolutionary War. The historic lighthouse, built in 1874, is open to public on Sundays during the summer. There are many beautiful views from the shoreline trail that circles the island, skirting cliffs, a heron rookery, beaches and sheltered bays. This is a very popular camping destination for boaters on Lake Champlain in the summer. The water crossing can become dangerous when windy conditions cause the narrow channel to become very rough. Be sure to check the weather forecast before setting out and choose your day wisely.

**Point Au Roche State Park** (8 mile trail network, easy) The network of trails begins near the nature center where you'll find a sign with a map of the area. Most of the trails lead to spectacular views of Lake Champlain and, in many cases, the routes parallel the shoreline. Some routes are paved and accessible to people with disabilities. The adjacent day-use area has an entrance fee and includes a picnic area, restrooms, a large beach and a boat launch site. 518-563-6444.

### Waterfalls

**Ausable Chasm** (admission fee) There are lookouts with benches and interpretive signs along both routes — the pine bark Rim Promenade and the Inner Sanctum Excursion. Look straight down the 150-foot vertical ridge from the top of the rim. Complete your visit with an easy two-mile "float through nature" on a 12-person river raft, an inner tube or a two-person kayak. 518-834-7454.

### Nature

**Clintonville Pine Barrens** (Nature Conservancy preserve) This 900-acre pitch pine-heath barrens is one of the best examples of this natural community in New York. It is home to two rare plants and two rare moths. A short trail traverses the area and a trail guide is available at the trailhead.

**Wickham Marsh** (2 miles RT, easy) This wildlife management area is located just south of the Ausable Marsh (described below). It includes essentially the same habitat and viewing opportunities but you can also see a rare cedar plantation and an old homestead site.

**Silver Lake Bog** (2.5 miles RT, easy, Nature Conservancy preserve) A variety of habitats can be observed here — a black spruce-tamarack bog, a northern white cedar swamp, a hemlock-northern hardwood forest and a pine ridge. The half-mile Bog Walk traverses the bog and swamp on a boardwalk; 15 marked stops interpret the ecology and plant life. At the end of the boardwalk, the "Pine Bluff Trail" begins. The route ascends to a ridge 400 feet above Silver Lake and has eight marked stops. The trail guide for both trails is available at the trailhead.

**Ausable Marsh** (3 miles RT, easy) You can explore this extraordinary marsh habitat by foot or canoe. Its location along the Lake Champlain flyway offers some of the finest bird watching in New York State, including small warblers, hawks, herons and migrating waterfowl.

**Lake Alice** (3 miles RT, easy) View wildlife and waterfowl, such as osprey and herons, as you walk beside the lake and through the woods of this wildlife management area.

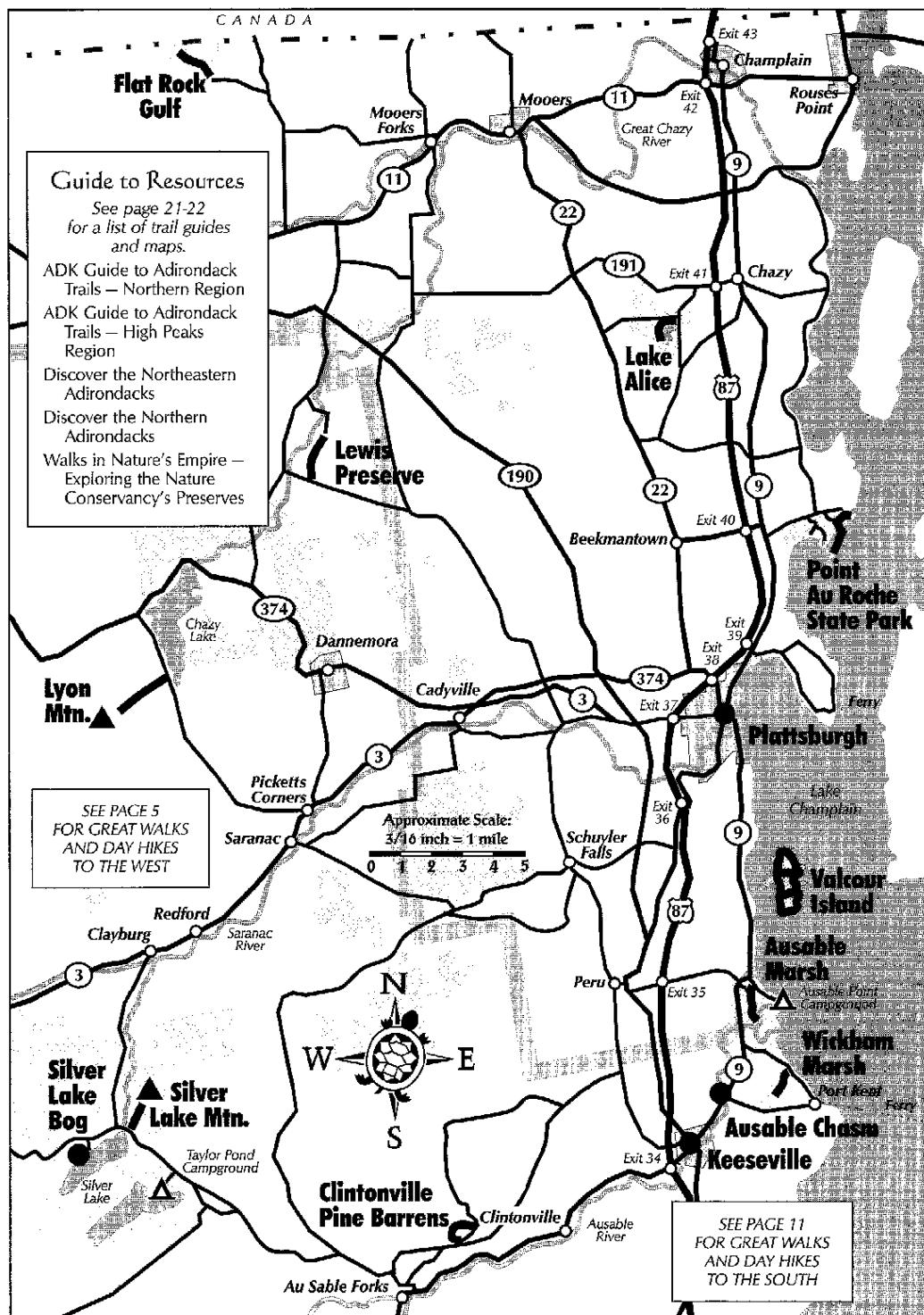
**Flat Rock Gulf** (5 miles RT, easy) Walk to views of "the gulf" — a spectacular geological formation with a deep, 100-foot vertical drop and a 2.5 acre glacial pond.

### Historic Sites

**Lewis Preserve** (5.6 miles RT, easy) This walk traverses abandoned farm fields and second growth forest. A short side trail leads to a group of civil war-era charcoal kilns. You can still see the foundation of the original homestead and there are numerous old apple trees and some old stone fences among the trees. Bluebird nest boxes have been erected and three major streams flow through the area providing top quality fishing.

**Keeseville** Local history and over 33 points of interest are described in *A Walking Guide to Keeseville's Historic District*. This 19th century industrial community is a national register district with 147 historic buildings and bridges. To obtain the 36-page guide call 518-834-9606.

**Plattsburgh** Take a historic walking tour and visit the scenic waterfront area on the Heritage Trail. First settled in 1767, Plattsburgh is the site of several famous battles and home to many historic buildings and sites, and several museums. 518-563-1000.



## Adirondack Great Walks & Day Hikes

ADIRONDACK REGIONAL TOURISM COUNCIL

Canton-Colton-Cranberry Lake-Edwards-Fine  
Parishville-Potsdam-Rensselaer Falls-Star Lake  
ST. LAWRENCE COUNTY

### Views

★ **Tooley Pond Mountain** (2.5 miles RT, moderate) Views from the previous site of a fire tower; access is north of the Tooley Pond parking area.

### Lakes

★ **Wolf Lake** (5 mile loop, easy) This interesting trail winds around rock outcrops and leads to a series of picturesque rock-encircled lakes, each with its own lean-to, and to a 40-foot bluff overlooking Huckleberry Lake.

**Clear Pond** (6.6 miles RT, easy) The route from Clear Pond to Lilypad Pond traverses an extensive beech forest and passes several picturesque glacial ponds. Long Pond, lined with hemlocks and white pine, is a nice destination and a shorter 5.2 mile RT hike.

**Streeter Lake** (8 miles RT, moderate, or 1 mile RT, easy) Two trailheads provide access to this lake and its lean-to. Either way you approach the lake, you will be surprised by its park-like quality due primarily to its previous owners who still maintain a family burial plot. The Schuler family, whose fortune was made in potato chips, grew experimental potatoes in the area now referred to as the "Potato Patch." Nearby is beautiful Crystal Lake with its clear water and an "imported" sand beach.

### Streams/Waterfalls

★ **Lampson Falls** (.8 miles RT to falls, easy) The Grass River is known for its waterfalls; this 60-foot waterfall is one of its largest and most accessible.

★ **Grass River Waterfalls** (various, easy) The South Branch is known for its waterfalls, recent acquisitions have opened up public access to many of them. Short walks from Tooley Pond Road provide easy access.

**Greenwood Creek** (1.8 mile loop, easy) A beautiful stream and cascades are located beside the picnic area where a short nature trail begins. The loop trail has signposts highlighting points of interest and a short .50 mile RT trail leads to an observation platform overlooking the adjacent wetland. Several miles of spur trails on old roadbeds wind through the state forest. Some blowdown can be observed.

**Plumb Brook** (1.8 miles RT; easy) A bridge at the southern end of this route provides access to the far shore and the trail that leads to fishing hot spots along this popular stream.

**Harper Falls** (2 miles RT, easy) Walk the short access trail amid hemlocks to the foot of this 60-foot waterfall which drops in two narrow cascades.

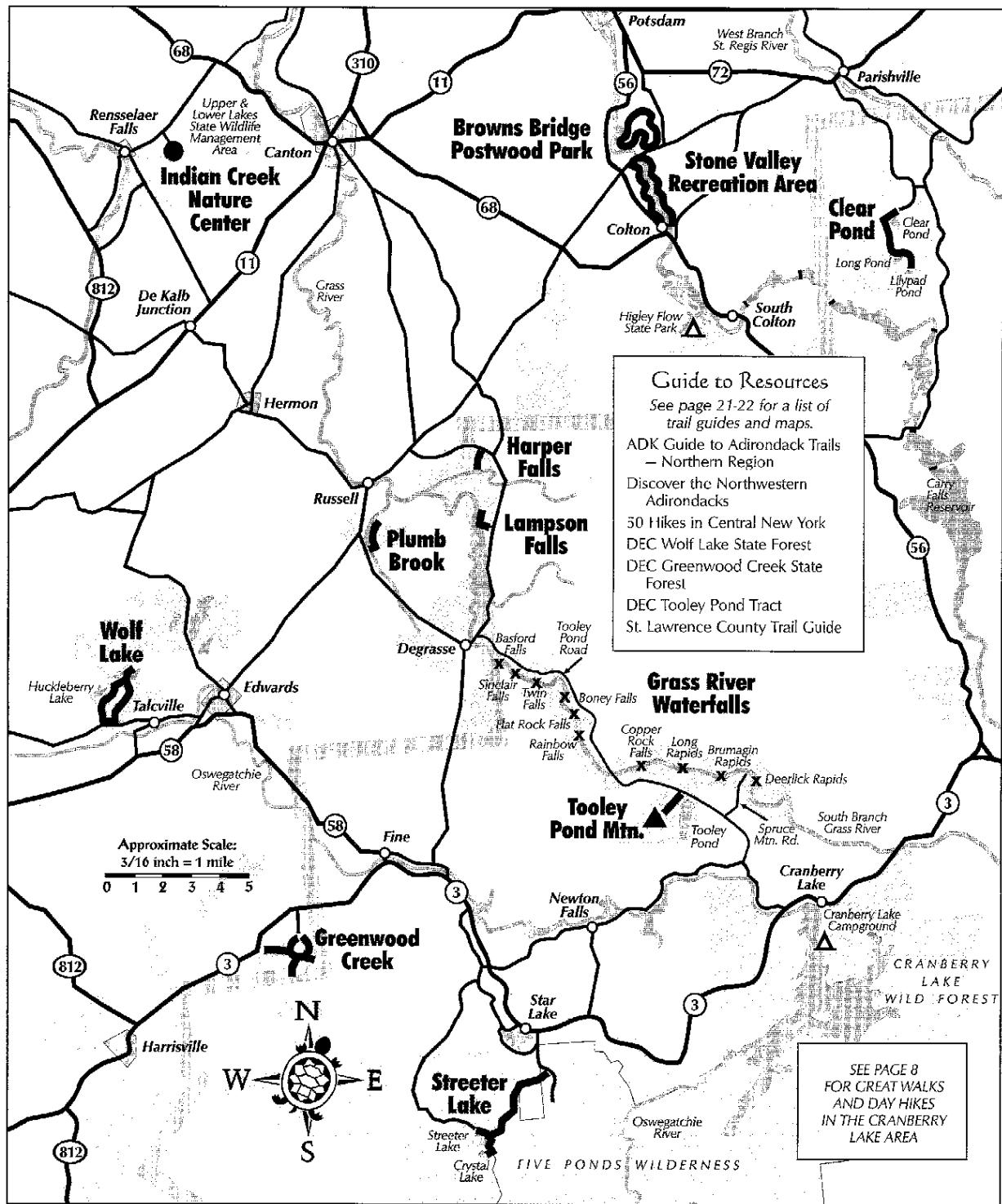
★ **Stone Valley Recreation Area** (7.5 mile loop or 3.2 miles one-way, easy to moderate) The turbulent Raquette River provides the backdrop for this walk. You'll enjoy viewing the dramatic rapids, waterfalls, gorges, rock outcroppings and a section referred to as "The Tubs." The first mile below the Colton dam is especially exciting. Informational plaques are located along the trail and there are some tannery ruins on the west side.

### Nature

**Wilson Hill Wildlife Management Area** (not shown on map, located northwest of the area covered by the map) (1 mile RT, easy) This is an extensive wetland habitat located on the St. Lawrence River west of Massena. From NYS Rt. 37 go north on NYS Rt. 131 to Willard Road, turn left to parking area. The short nature trail leads to an observation tower that overlooks the refuge and offers excellent waterfowl viewing.

★ **Indian Creek Nature Center** (4.5 mile trail network) This is an excellent bird watching site located in the Upper and Lower Lakes State Wildlife Management Area. The nature trail system includes an observation tower and a birdblind overlooking the refuge, as well as a boardwalk trail that is accessible to people with disabilities. There is a picnic pavilion, learning center and restroom facilities.

**Browns Bridge-Postwood Park** (5.7 miles, easy) This trail system, used primarily for cross-country skiing, is intersected by numerous backroads that provide many different options for walks of various durations. There is a swimming area and a canoe access site at the sand beach on the Raquette River.



## Adirondack Great Walks & Day Hikes

ADIRONDACK REGIONAL TOURISM COUNCIL

### Cranberry Lake-Tupper Lake-Wanakena

ST. LAWRENCE, HAMILTON & FRANKLIN COUNTIES

#### Views

**Bear Mtn.** (3.4 miles RT, difficult, entrance fee to state campground) This is a steep trail with vistas along the way and views from the top overlooking Cranberry Lake.

**Cat Mtn.** (9 miles RT, moderately difficult) As you walk on this trail, you will be surrounded by the incredible blowdown from the microburst of July 1995. The open summit has great views of the whole area. A shorter 5.4 mile RT route starts from Janack's Landing which is accessible by boat from Cranberry Lake.

#### Lakes

**★ William C. Whitney Area** (13.5 mile trail system, easy) Burn Road, formerly used for logging, is the main access trail to viewpoints and campsites along the north shore of Little Tupper Lake. Side trails lead to several interior ponds.

**Dog Pond Loop** (19.9 mile loop + side trips, moderately difficult) This is a rewarding two-day backpacking trip that passes vistas overlooking Brandy Brook Flow on Cranberry Lake, several remote glacial ponds, a waterfall and historic natural rock shelter. The side trip to Dog Pond and the waterfall on its inlet is .5 mile RT and an unmarked .6 mile RT trail accesses views from the top of Dog Mountain.

**Burntbridge Pond** (13.2 miles RT, easy) This historic route follows a former spur line of the Grasse River Railroad for over half its distance as it traverses a hardwood forest to a lean-to on the shore of this beautiful pond.

#### Waterfalls

**Jamestown Falls and Moody Falls** (easy) Short, unmarked routes lead to views of these exciting falls on the Raquette River. About 1.5 miles north of the intersection of Routes 3 and 56, an unmarked trail leads to the base of Moody Falls where the river twists through a chasm and drops 22 feet. Another mile up the road, a .3 mile woods road leads to views of Jamestown Falls, a long cascading waterfall. Private property is adjacent to both areas, please stay within the boundaries of state land.

**Olmstead Pond Loop** (4.6 miles RT, easy to moderate, water access only) This is a remote route that passes three wilderness ponds and a waterfall. One of the ponds has a unique greenish-blue coloring due to minerals in the water and there is an overlook above Spectacle Pond.

**High Falls Loop** (15.1 miles, moderately difficult) This hike traverses interesting terrain, including a few beaver dams and extensive blowdown, to a scenic waterfall and camping area on the Oswegatchie River. Cat Mtn. is an interesting side-trip.

#### Nature

**Boardwalk Nature Trail** (4.2 miles RT, easy, entrance fee to state campground) This is a fun and educational walk across a section of Bear Mountain swamp that includes two 250-foot-long boardwalks and 34 numbered stops. Trail guides are available at the entrance registration booth for Cranberry Lake state campground.

**Peavine Swamp** (8.5 miles RT, easy) Marked as cross-country ski trails, this area provides an interesting walk through stands of old-growth timber, some with over 42 inch diameters, to a scenic lean-to on the shore of Cranberry Lake.

**★ Massawepie Area** (various, easy) *No public use from June 15 to August 31.* Over 20 miles of trails wind beside 10 lakes and through forests. The area is best known for its extensive peatland or bog. Walk along the town road, which follows a winding esker, to view the lakes or take a more rugged route around Massawepie Lake.

#### Historic Sites

**Hitchens Pond-Lows Lake Dam** (4.4 miles RT, easy) This is a relaxing walk on a dirt road that passes beside a vast bog and wetland. At Lows Lake Dam you'll find the remains of the turn-of-the-century Augustus Low complex. Low was an enterprising man who had an extensive lumbering operation, sold bottled "spring" water to city markets and made barrels, wine, maple syrup, jam and jelly. The dams were used to generate electricity and he built his own railroad station and post office at Horseshoe Lake.

**Lake Lila-Frederica Mtn.** (8.8 miles RT, easy to moderate) Most of this walk is on a level dirt road which leads to a large grassy clearing on the lakeshore where the Nehasane Lodge Great Camp once stood. You'll pass an old railroad station enroute to your climb up to a ledge overlooking beautiful Lake Lila.

#### Guide to Resources

See page 21-22 for a list of trail guides and maps.

ADK Guide to Adirondack Trails – Northern Region

Discover the Northwestern Adirondacks

DEC Cranberry Lake Region

DEC Bog River Flow

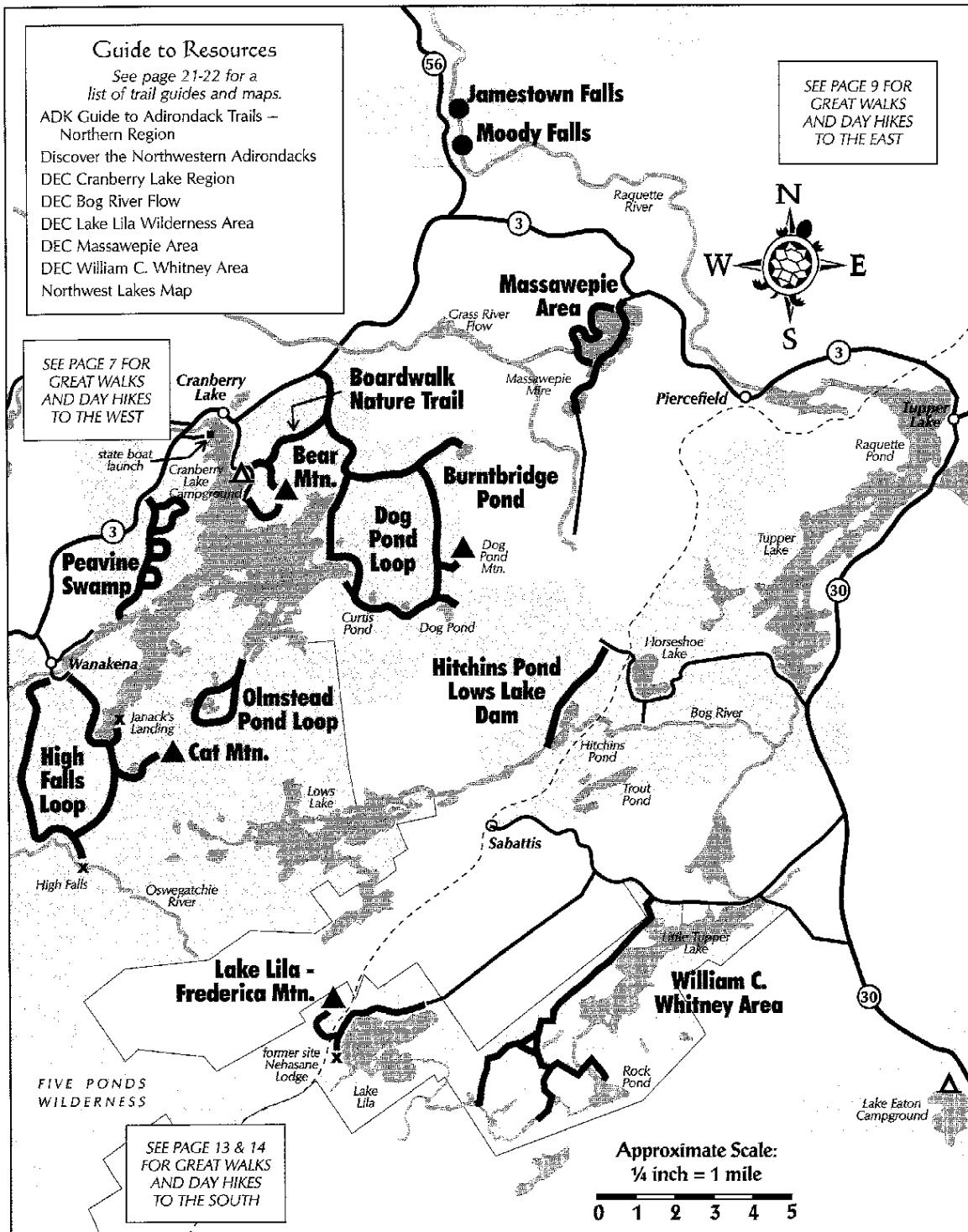
DEC Lake Lila Wilderness Area

DEC Massawepie Area

DEC William C. Whitney Area

Northwest Lakes Map

SEE PAGE 9 FOR GREAT WALKS AND DAY HIKES TO THE EAST



Bloomingdale-Lake Clear-Paul Smiths  
Ray Brook-Saranac Inn-Saranac Lake-Tupper Lake  
FRANKLIN & ESSEX COUNTIES

#### Views

**Panther Mtn.** (1.2 miles RT, moderate) This short hike starts out with a steep climb beneath a large grove of hemlocks and arrives at a large open ledge that has views of Panther Pond and the distant High Peaks.

**Mt. Baker** (1.8 miles RT, moderate) This short but sometimes steep hike reaches a wooded summit and open rocky areas with amazingly good views of both the High Peaks and the Saranac Lakes Chain.

**Floodwood Mtn.** (3.4 miles RT, moderate) Starting from a remote Boy Scout Reservation, this hike traverses gently rolling terrain through a hardwood forest to a final half-mile of steep terrain. You are rewarded with surprisingly good views overlooking the vast array of ponds and lakes below as well as the distant High Peaks.

**Long Pond Mtn.** (3 mile RT canoe and 3.2 mile RT hike, difficult) This hike starts out with a short portage from the parking lot to the lake. The pleasant paddle on Long Pond ends at the marked trail that leads to Mountain Pond. From Mountain Pond an unmarked path follows the shoreline to the east and then heads due north climbing steeply to a flat grassy summit with great views of the lake-studded scenery below and the distant High Peaks. *Parts of this route are unmarked, map and compass skills are a must.*

**St. Regis Mtn.** (5 miles RT, moderately difficult) This is a popular hike through a mixed hardwood forest to a south-facing rocky summit and an abandoned fire tower. The summit views encompass myriad lakes and the distant High Peaks.

#### Lakes/Waterfalls

**Lake Clear Beach** An unmarked road off Route 30 provides access to the parking lot and a short trail to the beautiful 2000-foot beach.

**Rock and Pickerel Ponds** (.8 miles RT and .6 miles RT respectively, easy) A scenic, dirt backroad leads through pines to the trailheads for these two remote ponds. A canoe would allow for more exploration of their shores.

**Middle Saranac Lake Beach** (1.2 miles RT, easy) This is a pleasant walk to an island-studded lake and a long beach that has shallow water with a sandy bottom. The limited parking area along busy Route 3 is often filled to capacity on weekends; consider Lake Clear Beach (see above) as an alternative if parking is not available.

**Deer Pond Loop** (7.3 mile loop, easy) The trail to this remote pond traverses a Norway spruce plantation and a sugar maple, birch and beech forest. Deer Pond offers good fishing and a number of nice picnic spots along its shore, accessible via a short side trail. At least half of this hike is on level terrain.

**Raquette Falls** (9 miles RT, easy) Several spur trails access lean-tos on the river as you walk down this old woods road. The road terminates at a large grassy clearing near the rapids and final cascade. This was once the site of an inn and homestead, today there is a DEC outpost located here. A canoe carry trail leads to the upper end of the rapids and side trails lead to points on the river.

#### Nature Trails

**Fernow Forest-Wawbeek Plantations** (1.1 mile loop, easy) Learn about forest ecology and history as you walk through this mature, 100-year-old white pine and Norway spruce plantation started by Bernard Fernow — an early pioneer in American forestry. There are 15 interpretive stops described in the trail guide which is available at the trailhead.

#### Historic Sites

**Saranac Lake** Most of the homes in this community were built prior to 1940 when Saranac Lake was a major tuberculosis treatment center. Settled in 1827, the village has 170 buildings listed on the National Historic Register and is best known for its "Cure Cottages." The village walking tour features 24 buildings and *The Guide to Short Walks* describes three loops, from a half-mile to three miles in length, that tour parts of the village. 518-891-1990.

**Bloomingdale Bog** (4 miles one-way) This extensive bog area is traversed by walking on the abandoned D&H railroad right-of-way which at one time connected Saranac Lake with Plattsburgh. The trail is an elevated, sandy walkway that bisects the plant-rich bog community and has many open views.

#### Guide to Resources

See page 21-22 for a list of trail guides and maps.

ADK Guide to Adirondack Trails — Northern Region

ADK Guide to Adirondack Trails — High Peaks Region

Discover the Northern Adirondacks

Discover the Adirondack High Peaks Walks in Nature's Empire — Exploring the Nature Conservancy's Preserves

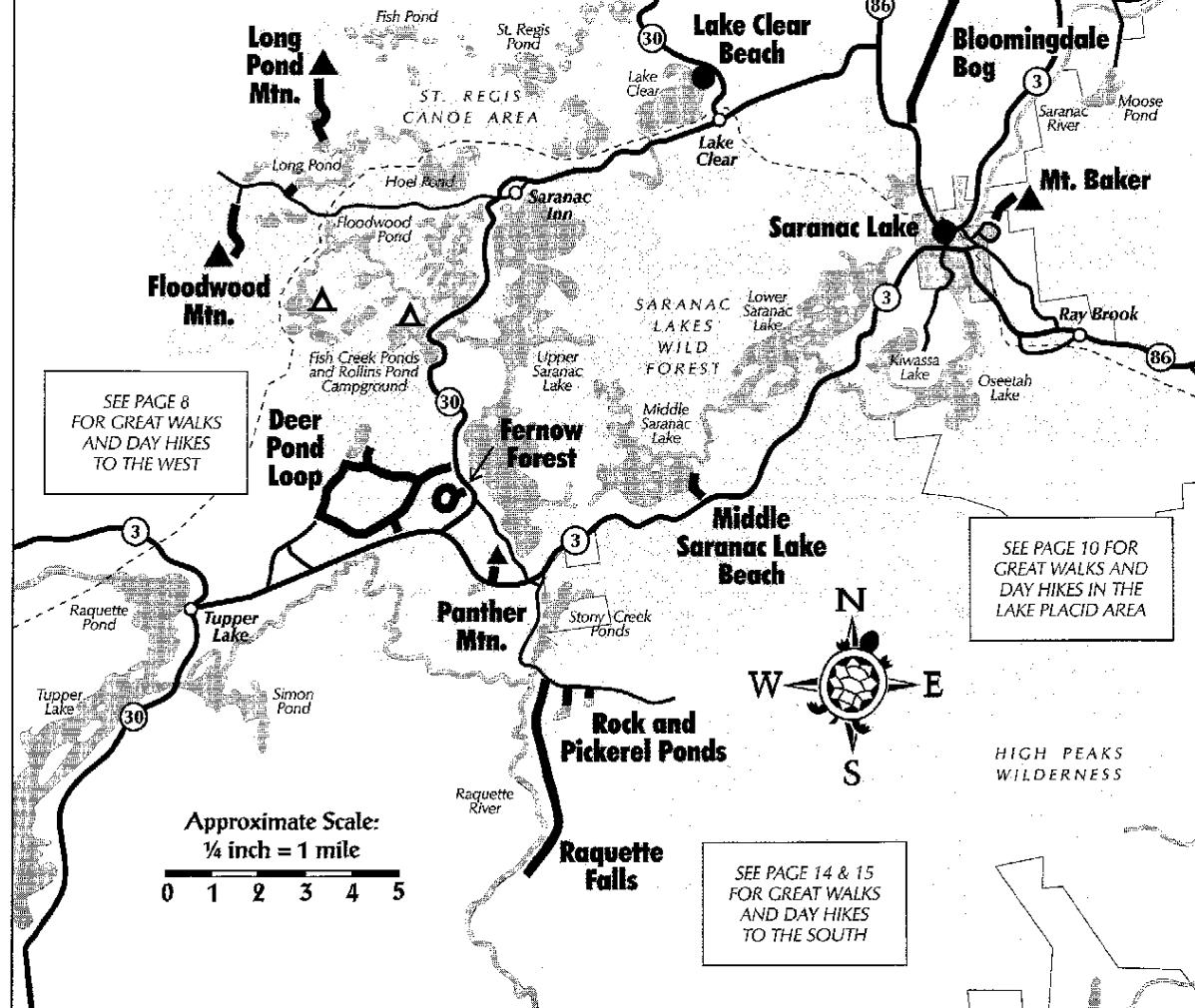
DEC Saranac Lake Area

DEC Camping Middle Saranac Lake

DEC Camping Upper Saranac Lake

Northwest Lakes Map

SEE PAGE 5 FOR GREAT WALKS AND DAY HIKES IN THE PAUL SMITHS AREA



### Lake Placid-Newcomb-Ray Brook-Saranac Lake-Wilmington

ESSEX & FRANKLIN COUNTIES

#### Views

**Whiteface Mountain Memorial Highway** (admission fee) This amazing road has great views from the road on the way up and an interesting final climb via a nature trail on the rocky ridge of a glacial cirque. The extensive summit views are also accessible by taking an elevator to the top from the summit parking area.

**Mt. Jo** (2.3 miles loop, moderate, parking fee) The steep final climb to the summit is rewarded with one of the best views of the High Peaks to be attained for such little effort. Several large rocky ledges provide open vistas in three directions.

**Mt. Van Hoevenberg from the north** (3.2 miles RT, moderate, admission fee) The 2 mile RT climb to the top follows the twists and turns of the new state-of-the-art combined bobsled-luge-skeleton track. Near the upper start building, a 1.2 mile RT walk leads to the summit ledges for a great view of the High Peaks. On the way back down, check out the lower portion of the original Olympic Bobsled run.

**Mt. Van Hoevenberg from the south** (4.4 miles RT, moderate) A pleasant and mostly level walk is followed by a relatively easy climb up a wooded hillside to several open ledges that offer great views of the High Peaks to the south.

**Haystack Mtn.** (6.6 miles RT, moderate) This is a pleasant woods walk with a final steep climb to an open rock face and ledge with views of Whiteface, the High Peaks and the Saranac Lakes chain.

**Scarface Mtn.** (7 miles RT, moderate) This hike leads to an open ledge with great views overlooking Oseetah Lake and the Saranac Lakes chain.

**Wilmington Trail** (10.4 miles RT, difficult) While climbing up the eastern slope of Whiteface Mountain, you will pass the remains of the old Marble Mountain ski area and, above timberline, along the edge of a glacial arête. Fragile alpine vegetation attempts survival on this well-trod mountaintop; walk only on the marked trail and rocks. You will be sharing the summit with many others who have driven to the top to enjoy the fantastic 360 degree views.

#### Waterfalls/Lakes

**High Falls Gorge** (admission fee) The Ausable River rushes through a deep gorge with over 600 feet of cascading waterfalls. The self-guided tour allows you to set your own pace along the paths, bridges and platforms. 518-946-2278.

**Rocky Falls** (4.8 miles RT, easy, parking fee) This is a pleasant woods walk to a series of scenic cascades and a swimming hole near a lean-to.

**Calamity Brook to Flowed Land** (9.4 miles RT, moderate) This is an interesting route with ponds, brooks and a monument. Extend your outing by exploring the area around Flowed Land.

#### Nature Trails

**Brewster Peninsula Nature Trails** (easy) This compact network of trails traverses gently rolling terrain and winds through a mixed forest and along the shore of Lake Placid. The Lakeside Trail has nice views overlooking the lake, several benches and a dock near the small outlet dam. A brochure is available from the DEC.

#### Mountain Passes

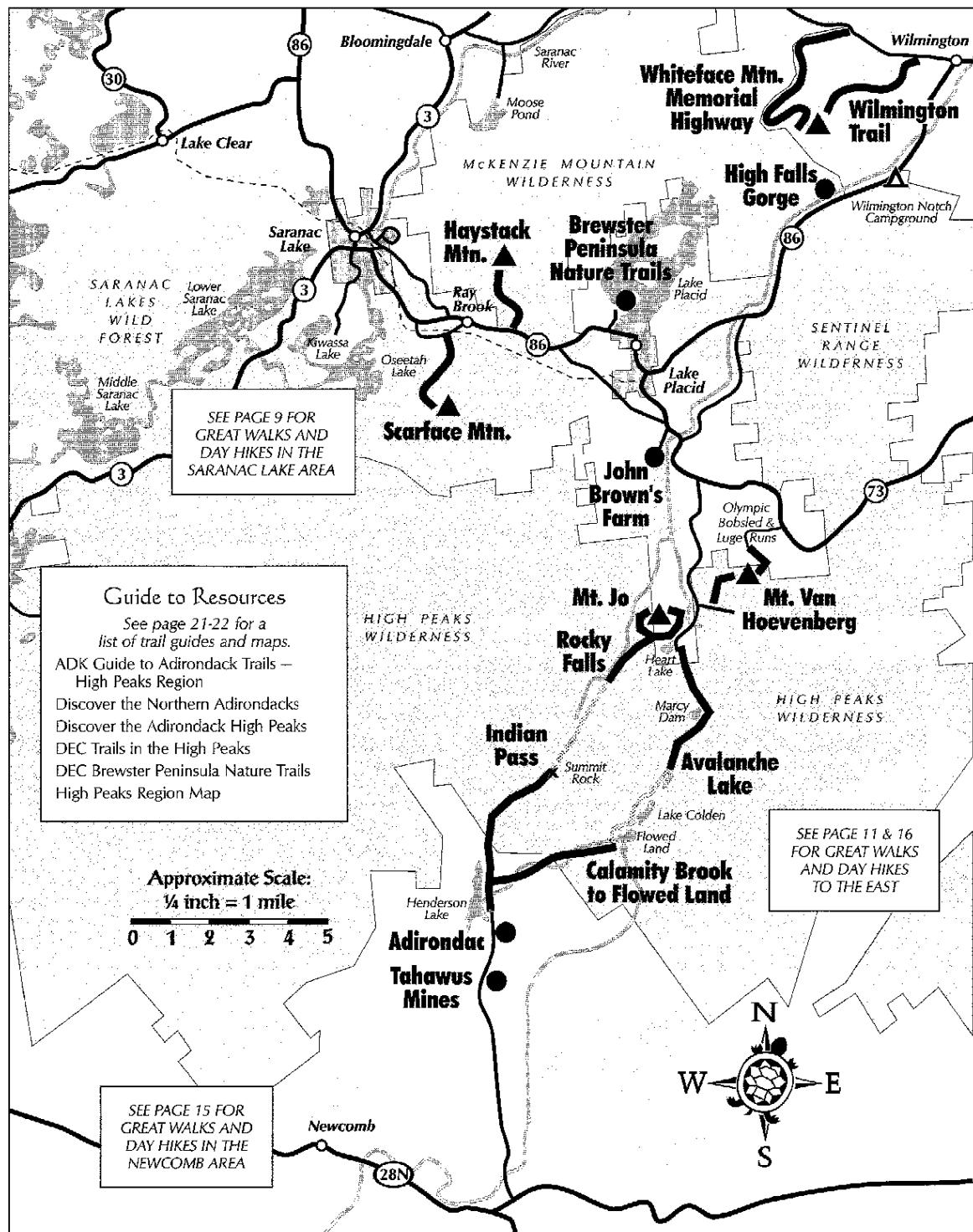
**Indian Pass** (8.8 miles RT, moderate) You'll hike over mostly level terrain through a woodland valley to a steep final climb that winds among boulders and up ladders to Summit Rock. Take in the spectacular view of the 1000-foot cliff of Wallface Mtn. directly opposite you — it is one of the highest cliffs in the Northeast.

**Avalanche Lake** (8.8 miles RT, moderate, parking fee) This trail traverses rolling terrain and passes the pond at Marcy Dam before heading up to this remote mountain pass. After one short steep climb, you'll descend to the lakeshore where there are impressive views of the lake which is nestled within a narrow gorge flanked by sheer cliffs on both sides.

#### Historic Sites

**Adirondac/Tahawus Mines** The extensive remains of an iron ore and, later, titanium mine can be seen along the road leading to Henderson Lake. After passing the piles of mine tailings, mine pits and a 48-foot blast furnace, you'll arrive at the deserted village of Adirondac. The mine area itself is not accessible to the public.

**John Brown's Farm** Interpretive displays are located at the homestead site of abolitionist John Brown which includes the farmhouse and out-buildings. A network of nature trails wind through the area. 518-523-3900.



## Adirondack Great Walks & Day Hikes

Elizabethtown-Essex-Keene-Keene Valley-Moriah  
Port Henry-Wadhams-Willsboro-Witherbee-Westport  
ESSEX COUNTY  
Views

**Belfry Mtn.** (.6 miles RT, easy) An old truck road leads to the summit where there are views of Lake Champlain, abandoned iron mines and distant mountains.

**Coon Mtn.** (2 miles RT, easy, Adirondack Land Trust preserve) Coon Mountain is famous for its mysterious and craggy interior with rocky outcrops and hemlock forests. A nature trail guide, available at the trailhead, tells the story of this unique area as you climb to the rocky summit for great views.

**Poke-O-Moonshine Mtn.** (2 miles RT, moderate) This is a popular hike that climbs steeply beside cliffs to a fire tower and an open summit with great views. Rock climbers can often be seen on the 1000 ft. cliff on the mountain's east side.

**Baxter Mtn.** (2.2 miles RT, moderate) There are many short side trails to views from open ledges and lots of blueberry bushes as you proceed up to the final summit. Some short steep pitches alternate with flat areas. The extensive views include the Keene Valley and the High Peaks to the south.

**The Pinnacle** (2.5 mile loop, easy) Walk to a high bluff with a 180 degree view overlooking Lake Champlain and the Green Mountains. Most of the trail is on International Paper Company land, but day use is permitted.

**Blueberry Cobbles and Bald Peak** (3.8 miles RT to Blueberry Cobbles, easy) (7.8 miles RT to Bald Peak, difficult) The open ledges of Blueberry Cobbles are easy to reach and have great views of the Boquet Valley and the Dix Range. The trail becomes more difficult as you climb through two small notches to reach the base of Bald Peak. A steep climb over bare rock is rewarded with exceptional views in all directions from the summit.

**Blueberry Mtn.** (4.8 miles RT, difficult) Views of the Keene Valley are possible from several open ledges along the trail which is steep for approximately half its distance and has some interesting rocky sections. The summit is open and provides good views of the surrounding mountains.

**Round Mtn. Loop** (5 miles, moderate) Eclipsed by popular Noonmark, this mountain sees very little use but has essentially the same view. Enjoy your views in virtual solitude from overlooks along the way and from the open summit.

**Owl Head Lookout** (5.2 miles RT, moderate) From this vantage point, you'll have great views of Giant Mountain, Rocky Peak Ridge and the Lake Champlain valley.

**Hurricane Mtn.** (5.2 miles RT, difficult) This is a steep hike to a large open summit with a firetower and exceptional views of Lake Champlain and the High Peaks.

**Split Rock Mtn.** (6.5 mile loop, moderate) Although there are no officially marked trails in this area, you can use old roads to access ridge-top views of Lake Champlain, an old quarry site, and the sandy beach at Barn Rock Bay.

### Streams/Waterfalls

**Snow Mtn.** (3.4 miles RT, easy) This short hike has many attractions. It parallels a stream, climbs through a beautiful narrow flume, passes a waterfall and has excellent views and blueberries on the summit. Two trailheads provide access.

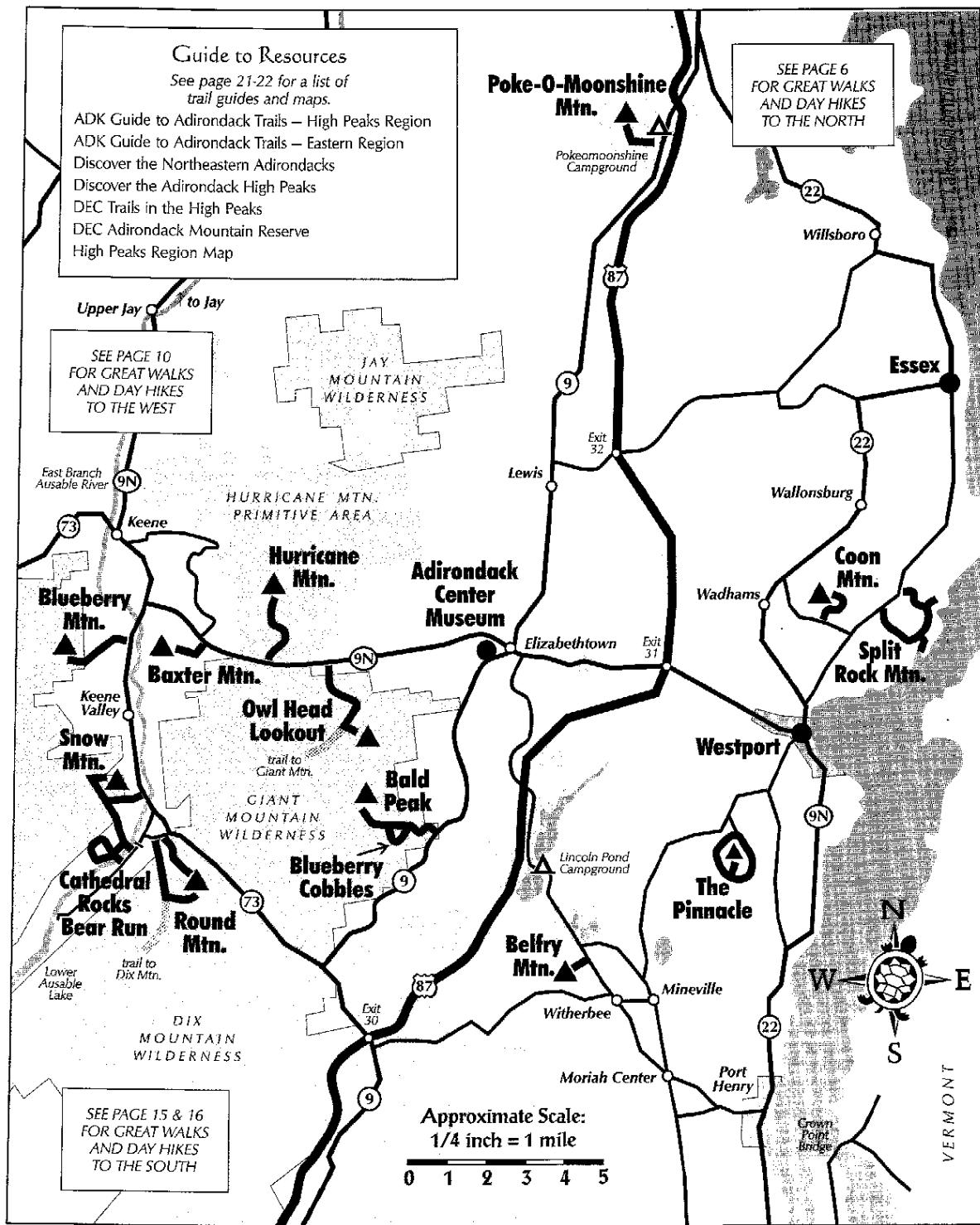
**Cathedral Rocks/Bear Run Loop** (4 miles RT, moderate) This is a rugged and sometimes steep loop that passes Pyramid Falls, pools at the base of a high cliff, views from ledges and a scramble through a narrow slot to a "don't miss" view.

### Historic Sites

**Adirondack Center Museum** (admission fee) This small museum in Elizabethtown has ten major exhibit areas, a sound and light show, a stagecoach, an Adirondack lean-to, an iron bobsled used in the 1930s, and a restored fire tower that you can climb. There is a half-mile nature trail and The Colonial Garden features modern varieties of old-fashioned perennials and herbs. 518-873-6466.

**Essex** The whole village of Essex is on the National Register of Historic Places. Founded in 1765, it is one of the area's earliest European settlements and it contains one of the most intact collections of pre-Civil War village architecture in America. The walking tour guide includes a history of the area and brief details on 28 structures in the village and 24 outside the village. 518-963-7088.

**Westport** Located on one of Lake Champlain's largest bays, Westport was shaped by transportation, tourism and commerce. Its growth as a summer resort began in the 1880s with the arrival of the D&H railroad. The walking guide includes a history of the area and details on 41 structures. 518-962-8383.



Boonville-Brantingham-Lowville-Lyons Falls-Turin

LEWIS, HERKIMER & ONEIDA COUNTIES

Lakes

**Francis Lake** Two very short trails lead to the north shore of this pretty lake. The western trail leads to an open point of land with great views.

**Panther Pond** (2 miles RT, easy) This is a pleasant woods walk on an easy foot trail to a beautiful remote pond and lean-to.

**Big Otter Lake** (9.4 miles RT, moderate) A rough jeep road leads into the shore of this beautiful lake where there is good brook trout and perch fishing. A resort hotel was once located on the west shore; all that remains is a clearing with a wonderful view of the lake.

Waterfalls

**Shingle Mill Falls** (1 mile RT, easy) This walk culminates at a wide ten-foot waterfall on Otter Creek. There are some additional falls above and below this point, and a large pool at the base of the falls. The open rock slabs beside the river are a nice place to picnic.

**Gleasmans Falls** (6 miles RT, easy) This is a woods walk over flat terrain to a beautiful series of waterfalls with a total drop of 60 feet.

Various Destinations

**Lowville Demonstration Area** This 92-acre site, established by the NYS Department of Environmental Conservation, includes an arboretum with over 300 different species of trees and shrubs, a Christmas tree plantation, stocked fishing pond, wildlife marsh and restored firetower. You can climb to the top of the 60-foot tower which was moved here from the Independence River Wild Forest where it was used for over 50 years to search for forest fires. A nature trail map is available at the parking area.

**Whetstone Gulf State Park** (4.5 mile loop, moderate, entrance fee to state park) Outstanding views can be attained from the occasionally steep trail that circles the rim of this spectacular 400-foot deep, three-mile long glacial gorge. There is an observation platform and a scenic picnic area along Whetstone Creek.

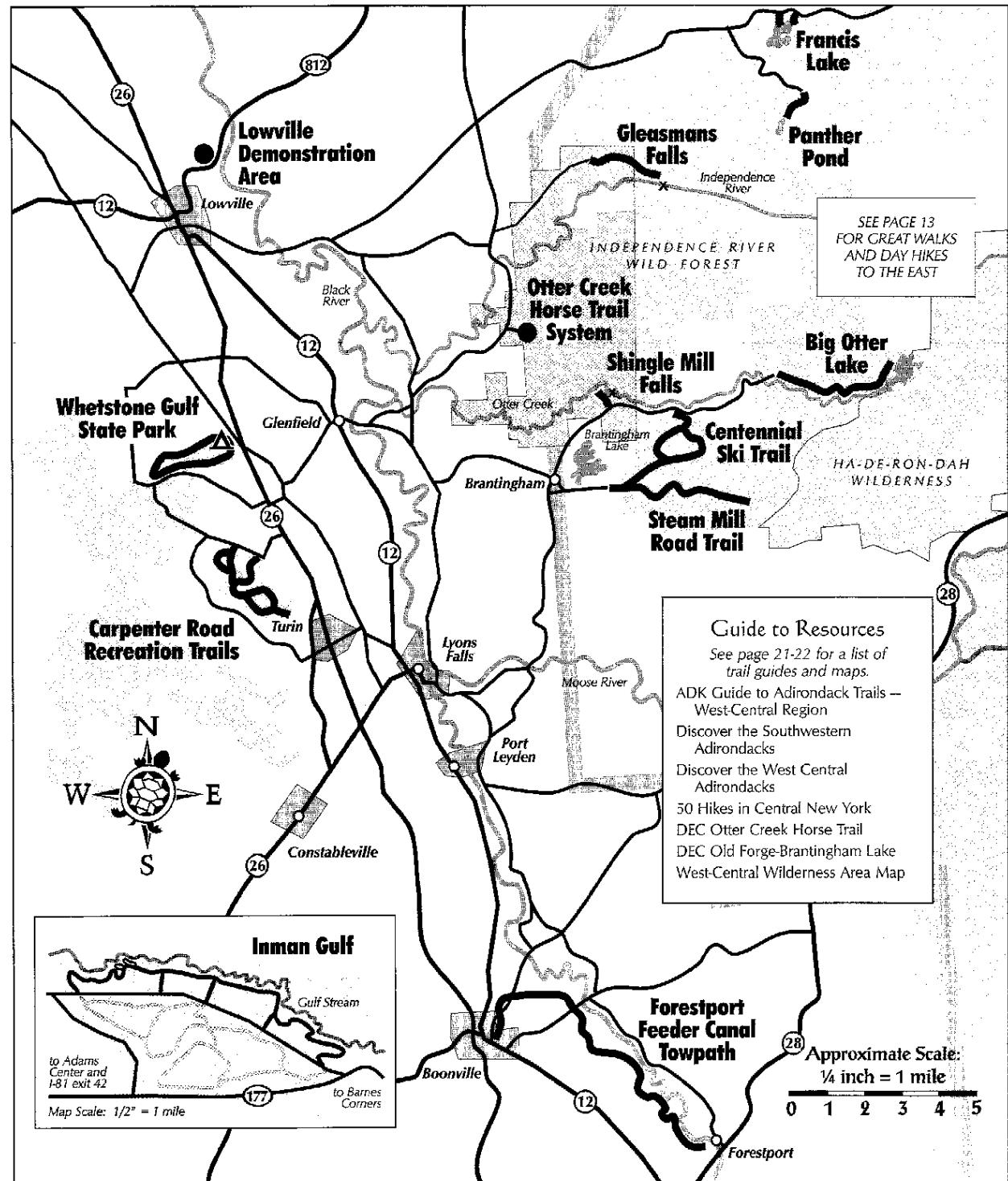
**Inman Gulf** (not located on main map, see inset map) (5.25 mile trail system, easy) Located near Barnes Corners just west of Lowville is Inman Gulf, a breathtaking 300-foot deep gorge. The trail follows the forested rim with spectacular views at overlooks. All trail segments are easy, but the 2.5 mile segment on the west has the best views, benches and interesting rock steps. To the south is an additional 12 miles of cross-country ski trails suitable for hiking.

**Centennial Ski Trail and Steam Mill Road Trail** (6.6 miles RT, easy) Heavy blowdown from the July 1995 microburst is the highlight of this interesting hike. The trail passes right through the middle of the twisted forest which is also a popular deer yard with good wildlife viewing opportunities. An educational exhibit will be located at the southern parking area and a driving tour of the blowdown area is also possible via the Steam Mill Road Trail.

**Carpenter Road Recreation Trails** (8 mile trail system, easy) Walk or bike the various loops that pass beside scenic ponds and streams, and through forests and a Japanese larch-white spruce plantation.

**Forestport Feeder Canal Towpath** (9 miles one-way, easy) This trail follows the narrow canal that linked Boonville and Forestport. It is a quiet walk or bike trip through woods and fields along the old towpath. Expect to glimpse great blue herons, kingfishers, waterfowl, songbirds and occasionally deer as you travel along. The trail runs from Erwin Park at Boonville to Alder Pond at Forestport. Several road crossings provide other possible access points. Portions of the trail may be accessible to people with disabilities.

**Otter Creek Horse Trail System** Over 65 miles of interconnecting trails offer easy walks of varying duration on a series of old sandy roads and forest paths. You'll wind through spirea flats and wooded areas, accessing several attractive lakes and following or crossing streams and rivers. This is a state-of-the-art equestrian facility so you're sure to see plenty of horseback riders; please yield the right-of-way to horses when walking. A detailed map of the trails is available at the horse stalls.



Eagle Bay-Beaver River-Big Moose-Inlet

Old Forge-Raquette Lake-Thendara

HAMILTON & HERKIMER COUNTIES

#### Views

**Rocky Mtn.** (1 mile RT, moderate) This is a short, steep climb on a popular trail to an open view of the Fulton Chain of Lakes.

**Bald (Rondaxe) Mtn.** (2 mile RT, moderate) This is a steep but popular climb with outstanding views from overlooks along the trail and from the open rocky summit.

**Vista Trail** (4.4 miles one-way, difficult, two cars needed) This is a long ridgeline route that has great views, many ups and downs, and several steep climbs.

#### Lakes/Rivers

**Lost Ponds** (2 miles RT, easy) This old road crosses a stillwater area on Sumner Stream and continues on to these popular fishing ponds.

**Mitchell Ponds** (3.8 miles RT, easy) This is a pleasant walk or bike ride over mostly level terrain on an old woods road. The two ponds are partially separated by a peninsula and lined with picturesque cliffs along the north side. A one-mile long spur trail along the north shore ends near the outlet.

**Beaver Lake** (4.6 miles RT, easy) This is a pleasant walk or bike ride on a dirt road to a clearing on the lakeshore which was once the site of a private estate built in 1904.

**Nicks Lake Loop** (6.4 miles, easy) As you walk around the shore of this pretty lake you'll cross a wetland on a boardwalk and pass large white pines, beaches and campground.

**Middle Settlement Lake** (6.4 miles RT or 7.2 miles RT, moderate) You can access this lake from two trailheads and loop trips are possible. The trail coming in from the north passes some giant boulders just before reaching this beautiful wilderness lake and leanto. Old Brown's Tract Road — first used 150 years ago — is part of the trail system you'll be traveling on.

**Norridgewock Trail** (7.5 miles, moderate, two cars needed) This is a hike through wild forest and wilderness to the remote village of Beaver River on Stillwater Reservoir which is not accessible by road. You'll pass Oswego Pond, a beaver meadow and old growth forest on this little-traveled trail. Explore the village and then complete your hike with a water taxi ride to the state boat launch on the western end of Stillwater Reservoir to retrieve your second vehicle.

**South Branch Trail** (7.8 mile RT, easy) Walk, bike or xc ski along an old railroad right-of-way into a scenic area along the Moose River.

**West, Safford and Goose Ponds** (7.8 mile RT, easy) This is a nice woods walk to a series of ponds and a seasonal off-trail waterfall on the outlet of West Pond.

**Pigeon Lake Wilderness Loop** (8.2 miles, moderate) Many beautiful lakes and trails are found within this wilderness area. The highlight of this loop is the scenic peninsula on Queer Lake — enroute there are old-growth trees, several lakes and a rugged section of trail that passes cliffs, caves and boulders.

#### Waterfalls/Nature

**Cathedral Pines** Just off Route 28 is this stand of tall white pines.

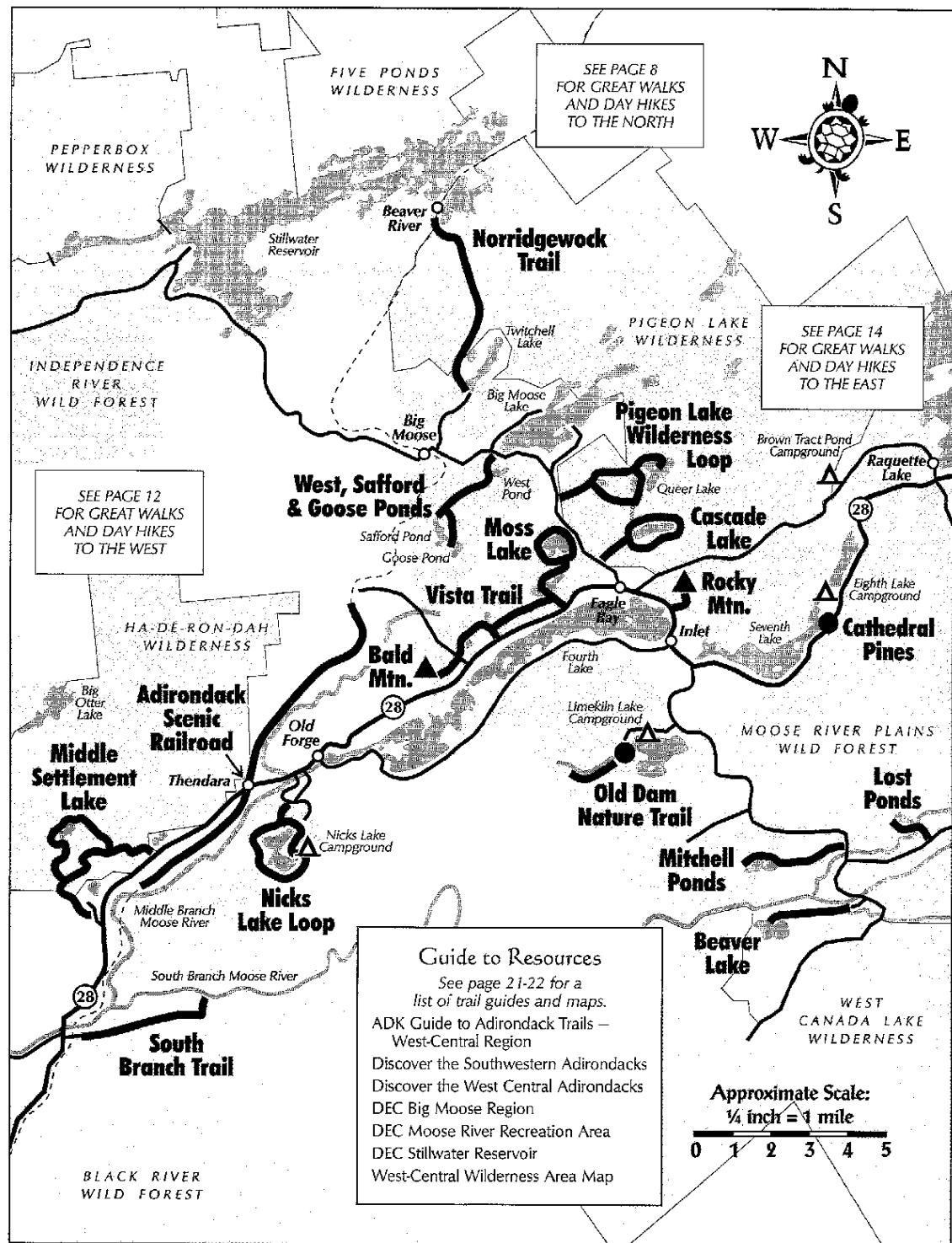
**Old Dam Nature Trail** (1.2 miles, easy, entrance fee to state campground) Take a walk beside an old dam and a pond that was once used to help float logs downstream. A trail guide, available at the trailhead, explains 20 numbered points of interest. An optional three-mile trail leads to a series of waterfalls on the outlet stream.

**Cascade Lake** (5.4 mile loop, easy) An old road leads into this scenic lake which has a beautiful narrow waterfall on the inlet stream at its eastern end. As you walk around the lake, you'll pass a clearing on the north shore that was the site of a girls' summer camp in the 1940s. A logging operation was located near the outlet.

#### Historic Sites

**Adirondack Scenic Railroad** (admission fee) Take in the scenery from the comfort of this restored railroad. Excursions of varying lengths start from Thendara. 315-369-6290.

**Moss Lake** (2.5 mile loop, easy) The trail around Moss Lake follows the route of an old bridle trail that was part of the girls camp operating here for more than 50 years. There is a brief history and photographic display at the trailhead parking lot on Big Moose Road. The one-mile side trip to view pretty Bubb and Sis lakes follows a portion of the route used by early settlers to get from Fourth Lake to Big Moose Lake utilizing canoes and portage trails.



## Adirondack Great Walks & Day Hikes

ADIRONDACK REGIONAL TOURISM COUNCIL

### Blue Mountain Lake-Indian Lake-Long Lake-Raquette Lake

HAMILTON COUNTY

#### Views

▲ **Castle Rock** (1 mile RT, easy) This sometimes steep trail leads to a rocky promontory that juts 200 feet above the surrounding forest and provides magnificent views of Blue Mountain Lake and its many islands. Eight islands including two of the largest islands were recently opened to public access; for a different perspective, paddle out and explore the islands.

**Sawyer Mtn.** (2.2 miles RT, easy) This is one of the easiest summit climbs in the Adirondacks.

There are partial views from ledges near the summit.

▲ **Baldface Mtn.** (2 mile RT paddle across Indian Lake and 2.2 mile RT hike, easy) Norman's Cove, which has a great picnic area and a sheltered bay, is where you leave your boat and start your hike. It is an easy ascent to spectacular views from open ledges on the summit.

**Pillsbury Mtn.** (3.2 miles, moderately difficult) After some steep climbing, you will reach the abandoned fire tower and views from the summit to the east and south. The access road to the trailhead is rough and may only be passable by four-wheel drive vehicles.

▲ **Blue Mtn.** (4 miles RT, difficult) After ascending some steep final grades, you'll be rewarded with partial views from the rocky summit and expansive views from the fire tower where an interpreter may be on hand to answer questions. A trail guide describing 14 interpretive stops is available at the trailhead.

**Owls Head Mtn.** (6.2 miles RT, moderate) The first half of this hike is mostly level but then it is a steep scramble to the top where there are excellent views. Blowdown damage is visible from both the trail and summit.

**Wakely Mtn.** (6.4 miles RT, moderately difficult) There is a mile of steep climbing to reach the magnificent views from this remote summit. The fire tower is the tallest in the Adirondacks.

▲ **Snowy Mtn.** (7.8 miles RT, difficult) This is the tallest mountain in the southern Adirondacks and the trail to its top, especially the final climb, is very steep and demanding. You'll enjoy outstanding views of Indian Lake, the distant High Peaks and unbroken wilderness from the rocky summit ledges, which are dangerous and should be approached with caution.

#### Lakes/Waterfalls

**Buttermilk Falls** A short, well-used trail leads to the large flat rocks — a great spot for picnics — at the edge of the waterfall and river.

**Tirrell Pond** (6.5 miles RT, easy) This pleasant woods trail traverses some blowdown enroute to the popular sand beach on the northern shore of this mountain-ringed pond.

**Sargent Ponds Loop** (6.5 miles, easy) This walk passes a stand of old growth pines, blowdown from the July 1995 storm and four ponds which are historic brook trout waters.

**Cascade and Stevens Ponds** (8.4 miles RT, easy) You'll cross Rock Pond outlet on a 200-foot boardwalk and follow the route of a historic road on your way to these two beautiful ponds.

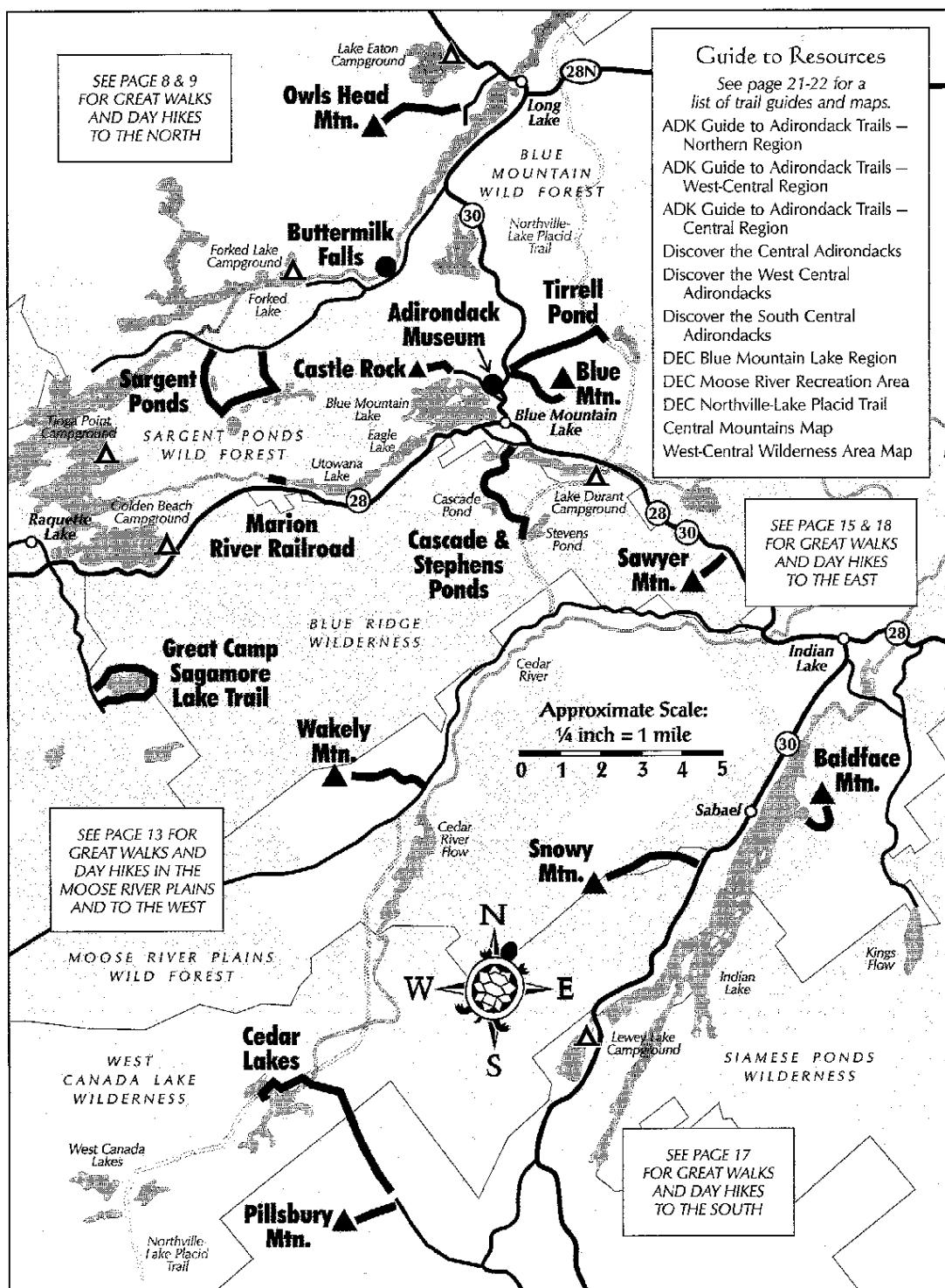
**Cedar Lakes** (8.4 miles RT, easy) This trail follows the route of an old road that parallels the Miami River on its way into the beautiful Cedar Lakes area. Be sure to visit the two lean-tos; both are beautifully situated and have great views. For long distance hikers, the Northville-Lake Placid heads north and south from here.

#### Historic Sites

▲ **Adirondack Museum** (admission fee) Stroll the grounds and take in the extraordinary exhibits of this world-renowned regional history museum. You'll find background information and photographs about many of the historic walks mentioned in this brochure and myriad other subjects as well. There is a beautiful view of island-studded Blue Mountain Lake, and 22 indoor and outdoor exhibit areas. 518-352-7311.

▲ **Marion River Railroad** (12 miles RT paddle from Blue Mtn. Lake, moderate, and a 1 mile RT walk, easy) After paddling across Blue Mtn. Lake, under W. W. Durant's classic bridge (circa 1891), and down narrow Eagle and Utowana lakes, you reach the remains of the steamboat landing at the eastern end of the Marion River Railroad. Walk the right-of-way (used today as a canoe portage trail) of what was the world's shortest railroad. The half-mile railroad ran between the two steamboat landings thus connecting Raquette and Blue Mtn. lakes. This ingenious route was used by thousands to reach resorts on Blue Mountain Lake in the 1880s. The locomotive and passenger coach are on display at the Adirondack Museum.

▲ **Great Camp Sagamore Lake Trail** (3.7 mile loop, easy) This is a pleasant walk on an old carriage road which circles the lake and provides views across the lake to the Great Camp Sagamore, once the summer home of the Vanderbilts. There are several other trails in the vicinity and an interesting tour of the extraordinary Great Camp complex itself (admission fee). An extensive schedule of educational programs is available. 315-354-5311.



## Adirondack Great Walks & Day Hikes

Chestertown-Indian Lake-Minerva-Newcomb

North Creek-North River-Pottersville

HAMILTON & ESSEX COUNTIES

### Views

**Goodnow Mtn.** (3.8 miles RT, moderate) Enjoy excellent views of the High Peaks from this restored fire tower and partially open summit – over 20 major peaks are visible. A nature trail brochure, available at the trailhead, provides information at numbered stops along the trail and benches provide a comfortable place to rest.

**Vanderwhacker Mtn.** (5.8 miles RT, difficult) The steep climb to the summit is rewarded with great views of the High Peaks to the north.

### Rivers/Lakes

**Boreas River-Hewitt Eddy** (2.4 miles RT, easy) This is a level walk along the turbulent Boreas River to a wide, quiet eddy and picnic spot.

**Puffer Pond** (3.8 mile RT, moderate, \$1 parking fee) The trail to beautiful Puffer Pond skirts a chain of beaver dams, marshes, and open flows along Carroll Brook. Trails lead in both directions on the pond's northern shore where there are two lean-tos.

**Blue Ledge** (5 miles RT, easy) Enjoy a rare riverside view of the turbulent Hudson River Gorge near a horseshoe bend where, on the opposite shore, an impressive 300-foot cliff drops precipitously to an unusually calm section of the river. The trail into the river is delightful and lined with wildflowers in the spring.

**Cheney Pond-Lester Flow** (5.2 miles RT, easy) The grassy lane of an old road leads to panoramic views in almost every direction at Lester Flow which is also a good waterfowl viewing area.

**Hewitt Pond-Stony Pond** (6 miles, moderate, two cars needed) This trail traverses rough and interesting terrain as it winds through a deep col and beside several lakes.

**Hoffman Notch Traverse** (7.6 miles, moderate, 2 cars needed) An old wagon route leads through this remote and little-traveled mountain pass and dense forest. You'll pass huge trees, glacial erratic, 200 foot cliffs, fern meadows, cascading streams, several marshes and excellent views across the waters of Big Marsh.

### Nature Trails

**(VIC) Adirondack Park Visitor Interpretive Center at Newcomb** (3 miles of marked nature trails) There are three trails that traverse a variety of environments. A boardwalk crosses a marsh area and you'll see old growth hemlocks, glacial erratic, a large beaver dam, a log dam and lake views. One of the trails is designed especially for people with disabilities; it includes a bridge and access to several very nice lake views. Interpretive exhibits, slide presentations, visitor information, restrooms, special events and workshops are found in the main building. 518-582-2000.

### Geologic Formations/Historic Sites

**Barton Garnet Mines** (admission fee) Barton Garnet Mines is a major world supplier of garnets for technical industrial abrasives; garnets are renowned for their hardness and a sharp cutting edge. Take a guided mine tour in the summer. 518-251-2296.

**Hooper Mine** (1 mile RT, easy) Explore an abandoned open pit garnet mine and buildings. From the rim of the pit there are views of Thirteenth Lake and a distant active mine site. The path crosses the nordic ski center at Garnet Hill Lodge – check in at the lodge first and let them know you wish to walk to the mine site. 518-251-2444.

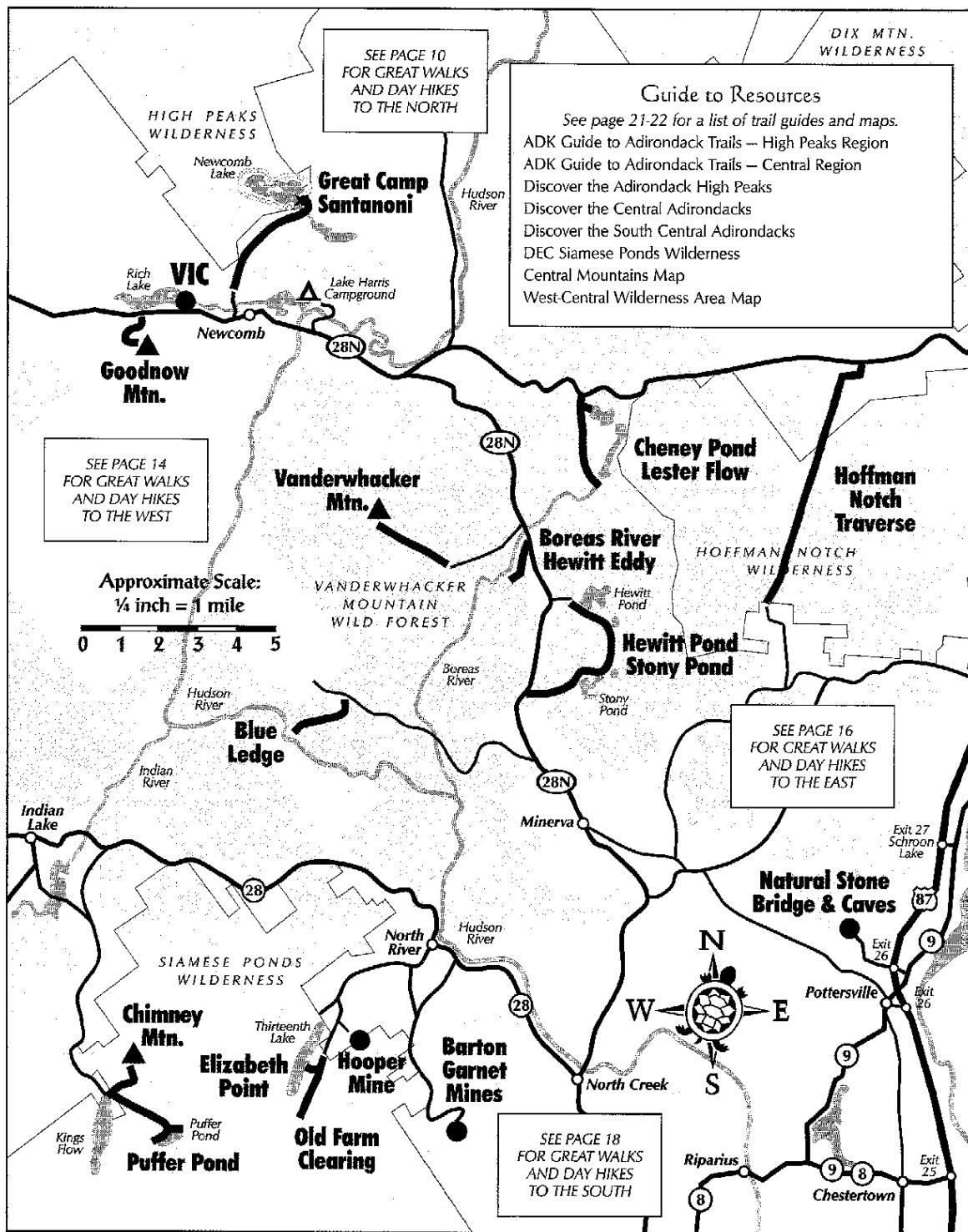
**Natural Stone Bridge and Caves** (admission fee) Marked paths and trail signs guide you through a secluded glen beside the cascades of Trout Brook as you explore caves, grottos, waterfalls and glacial potholes. 518-494-2283.

**Old Farm Clearing-Elizabeth Point** (2.4 miles RT, easy) This route follows a distinct old road to the site of an 1877 farmstead and plantation – foundations are still visible amidst the trees. A short side trail leads to Elizabeth Point on Thirteenth Lake where there is a nice picnic spot and beach with great views.

**Chimney Mtn.** (2.8 miles RT, easy, \$1 parking fee) This is a very interesting hike to an unusual geological chimney formation and broad views over the wilderness area. Use caution around the maze of caves and crevices near the summit. Expert spelunkers will find this area a delight to explore.

**Great Camp Santanoni** (9 miles RT, easy) You can walk, bike or pay a small fee to ride on a horse-drawn wagon into the partially restored Great Camp Santanoni. The dirt road starts near an old gatehouse and passes an old farmsite on the way. On the shore of Newcomb Lake is a boathouse and several buildings in addition to the main building with its extensive porches.

## ADIRONDACK REGIONAL TOURISM COUNCIL



## Adirondack Great Walks & Day Hikes

ADIRONDACK REGIONAL TOURISM COUNCIL

Crown Point-Hague-Ironville-North Hudson-Schroon Lake

Severance-Port Henry-Ticonderoga

ESSEX & WARREN COUNTIES

### Views

**Severance Hill** (2 miles RT, moderate) This small mountain has several open views on the summit and overlooks on the way up. A tunnel leads under the Northway at the start of the hike.

**Cook Mountain** (2.6 miles RT, moderately easy, Lake George Basin Land Conservancy) There is just one short steep ascent to reach this incredible view of the Champlain Valley, northern Lake George and the Adirondacks.

**Peaked Hill** (1.2 miles RT canoe and 4.4 miles RT hike, moderate) Start with a short paddle on Paradox Lake to a marked trail that leads first to a remote pond and then up a steep ascent to a rocky outcrop with views in all directions.

**Pharaoh Mtn.** (5.6 miles RT, moderately difficult) This is the tallest peak and the central point of the Pharaoh Lake Wilderness. There are spectacular views of the surrounding wilderness area.

**Treadway Mtn.** (7.8 miles RT, moderate, entrance fee to state campground) This is a rewarding hike with outstanding views along the way and from the three knobs that form the open rocky summit. Options for either a longer or shorter hike include: A return via Clear, Rock, North and Heart ponds which adds only 1.5 miles to the RT distance; or shorten your hike to 5 miles RT by paddling across Putnam Pond to a trailhead on the opposite shore. The canoe option makes for an interesting trip and requires less effort and time – this is perhaps the best choice for young hikers.

### Lakes

**Jabe Pond** (2 miles RT, easy) This is a pleasant walk on a rough jeep road through a hemlock and hardwood forest. Explore along the shore or by canoe for the best views of the lake.

**Bear Pond Loop** (5 miles, easy, entrance fee to state campground) This interesting loop passes a series of wilderness ponds and the remains of a graphite mine operation.

**Grizzle Ocean** (5 miles RT, easy, entrance fee to state campground) Walk to the lean-to on this picturesque pond and explore its shores on the trail that circles the pond.

**Moose Mtn. Pond** (6 miles RT, easy) The trail to this remote pond parallels a stream and marsh, and passes through a grove of large hemlocks and pines. There are great views of the pond and surrounding mountains from a ledge at the pond's edge. A side trail leads to Bass Lake (1.4 miles RT) which has rock ledges, cliffs and great fishing in its deep, cold water.

**Crane Pond via Blue Hill** (6.2 miles RT, moderate) This is an interesting walk through an old growth forest to a nice picnic spot and pond.

**Pharaoh Lake** (7.2 miles RT to outlet, moderate) The access trail follows an old road to the outlet; from there you can explore along either shore of this beautiful lake or make a complete circuit hike of the lake. From the west shore trail, a side trail leads to views from a scenic peninsula (2 miles RT). The east shore trail has almost constant views across the crystal-clear waters looking toward the rugged cliffs of Pharaoh and Treadway mountains.

### Historic Sites

**La Chute Trail** (.50 miles RT, easy) The LaChute River, which drops 230 feet as it flows from Lake George to Lake Champlain, has driven mills since 1755. An illustrated trail guide and map traces the natural and industrial history of this historic river. 518-585-6619.

**Ticonderoga** The walking tour of Ticonderoga features the architecture and history of 28 different buildings, residences and churches. Call for a brochure, 518-585-6366 or 518-585-6619.

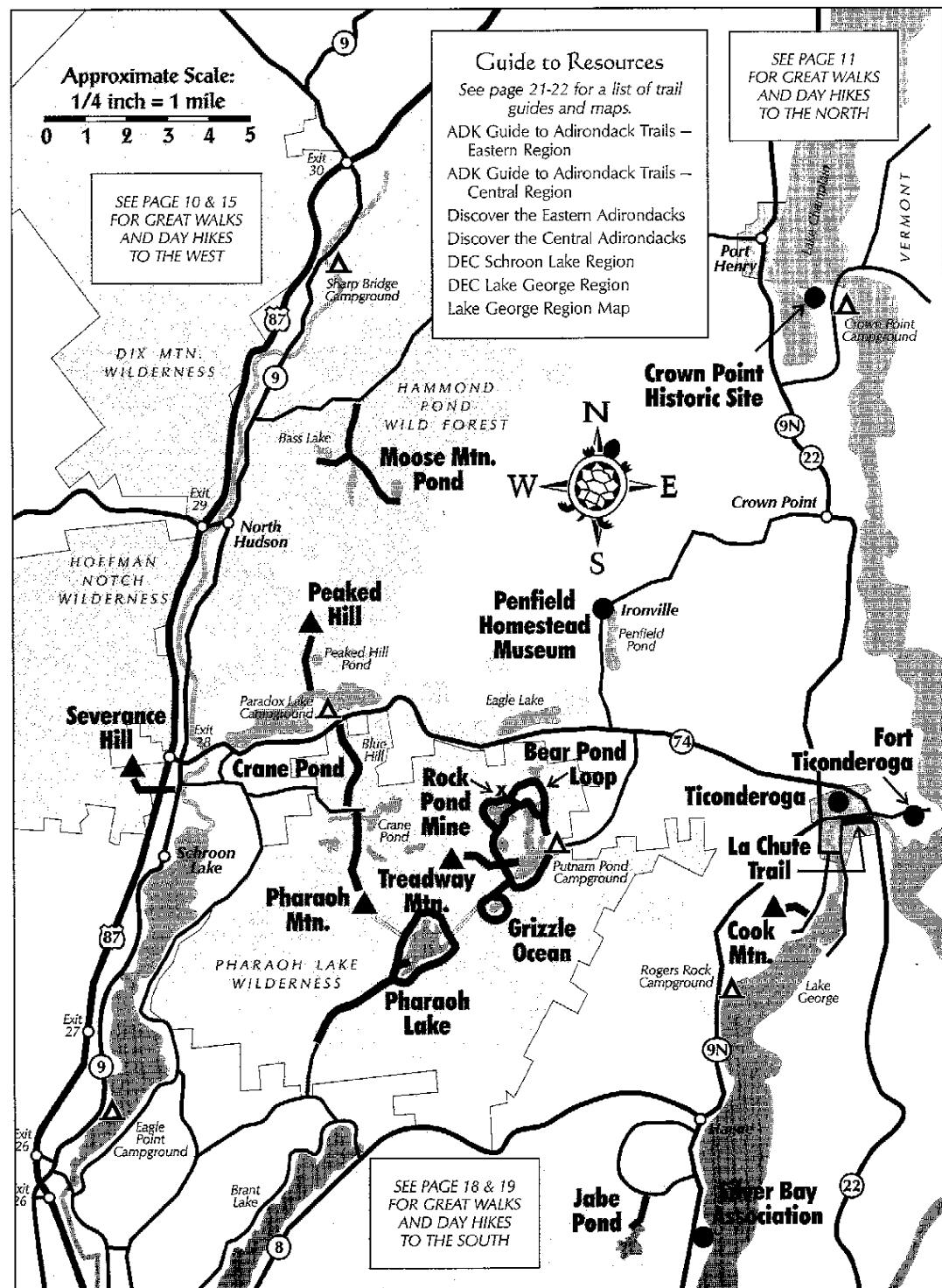
**Fort Ticonderoga** (admission fee) Interpreters in period clothing and the Fort's Fife and Drum Corps help tell the story of this National Historic Landmark. There is a military museum and guided tours of the Fort. Trails wind through 600 acres of former battlefield. 518-581-2821.

**Silver Bay Association** Walk the beautifully landscaped grounds and view the extraordinary architecture of the many buildings situated along the lakeshore. Over 60 buildings are listed in the detailed walking tour; pick up a brochure at the front desk of the Inn. 518-543-8333.

**Crown Point Historic Site** (2.8 miles, easy, parking fee) Walk among the ruins of two revolutionary war era forts and enjoy great views of the lake and mountains. A trail map and guide is available from the interpretive center. 518-597-3666.

**Penfield Homestead Museum** The village of Ironville is on the National Register of Historic Places. Visit the museum and learn how Penfield helped usher in the Electric Age. The walking tour includes ten numbered stops in the village and Old Iron Works. 518-597-3804.

**Rock Pond Mine** (5.4 miles RT, easy, entrance fee to state campground) The remains of the mine site include a huge metal steam boiler, a drainage tunnel, tailings, an open pit mine and stone foundations. If you choose to walk around Rock Pond, use caution on the section of trail along the north shore which is narrow, rocky and difficult to negotiate.



Arietta-Benson-Caroga Lake-Lake Pleasant  
Northville-Piseco-Speculator-Stratford-Wells  
HAMILTON & FULTON COUNTIES  
Views

**Echo Cliff-Panther Mtn.** (1.5 miles RT, easy) The trail to this popular destination is well worn and occasionally steep. An open grassy area and ledges provide spectacular views across Piseco Lake to Spy Lake and the Silver Lake Wilderness.

**Kane Mtn.** (1.8 miles RT, moderate) This hike follows an old jeep road to the summit where views can be attained from the steps of the abandoned fire tower. A fire observer's cabin is also located on the summit.

**Cathead Mtn.** (3.2 miles RT, difficult) This trail is short and easy to follow but the climb is steep. The open summit has views in three directions and a fire tower.

**Good Luck Lake-Good Luck Cliffs** (5.8 miles RT, easy) First, there is a level walk on a marked trail to a secluded sandy beach on Good Luck Lake, and then you can backtrack to an unmarked trail that leads up a short steep climb to an open ledge with fantastic views.

### Lakes

**Nine Corner Lake** (1.8 miles RT, easy) An old road leads to this popular lake that has beautiful blue-green water and a picturesque shoreline.

**Clockmill Pond** (3 miles RT, easy) This is a mostly level walk on an old woods road, marked as a snowmobile trail, to a clearing where you leave the marked trail and follow an unmarked path to the lake.

**Fawn Lake** (3 miles RT, easy) This walk leads to a pristine lake surrounded by state land. The trail leading to the north shore of the lake is an unimproved trail that leads to Piseco.

**Jockeybush Lake** (4 miles RT, easy) This is a pleasant walk along the outlet stream of a natural deep-water lake. Boulders line the shore and provide nice picnic spots.

### Streams/Waterfalls

**Potholes** This especially interesting section of East Canada Creek has a series of waterfalls, chutes and potholes. The area is a beautiful spot for a picnic and is easily accessed via a short walk upstream.

**Auger Falls** (.6 miles RT, easy) This short walk leads to overlooks of a long series of cascades in a deep gorge lined with hemlocks. Please use caution, the banks are steep and slippery.

### Nature

**Old Growth Trees** Here is a treat for those who don't have the time or the ability to walk great distances to observe an old growth forest. A portion of the remote Powley-Piseco road traverses a stand of old-growth white spruce, perhaps the most spectacular in the Adirondacks.

**Sacandaga River Pathway** (850-yard boardwalk trail, easy) Gentle terrain for all ages and a great place for bird watching. The route passes through alder thickets before reaching marshes along the river.

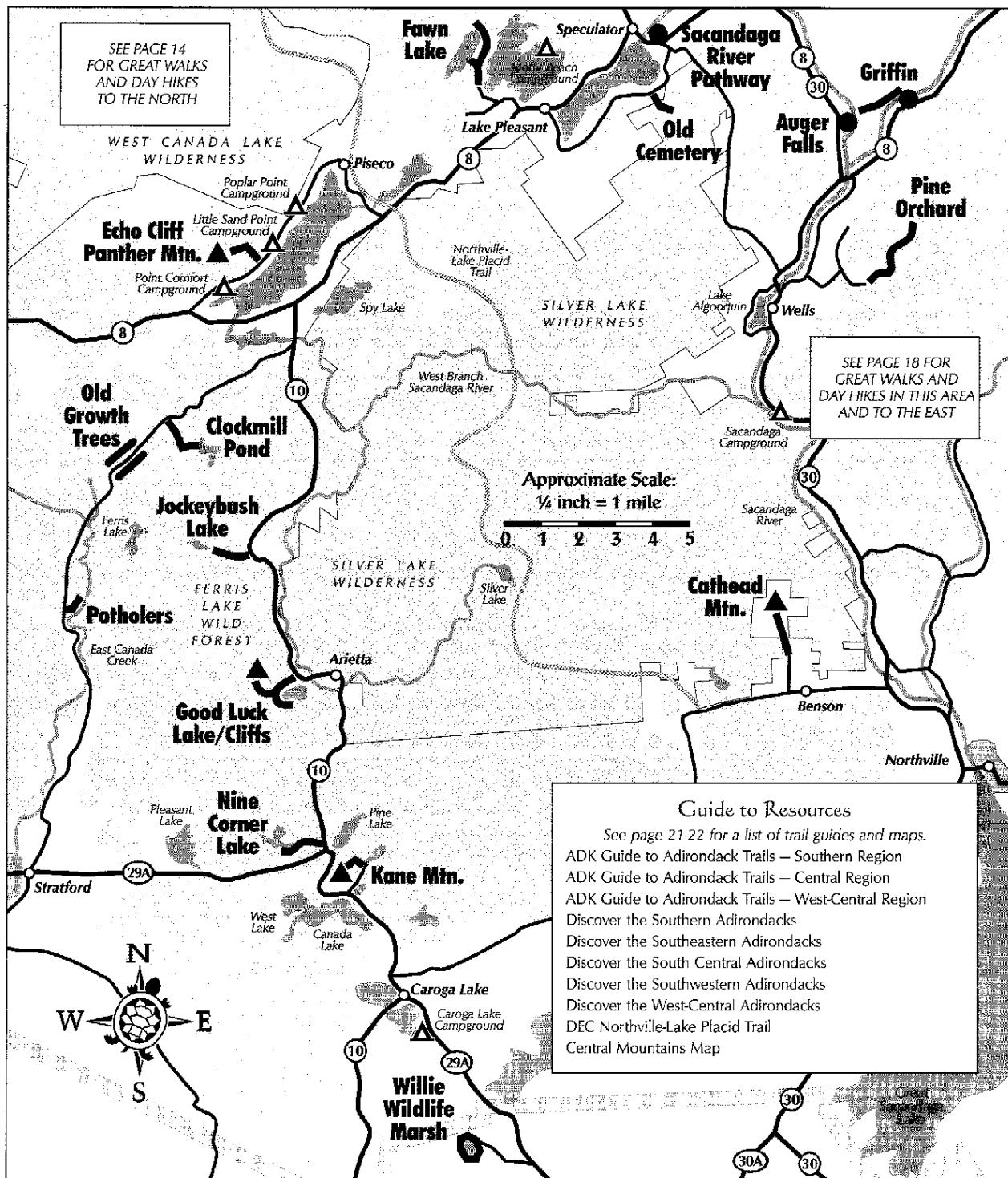
**Willie Wildlife Marsh** (1.5 mile loop, easy) This interesting nature trail system explores a wetland habitat. There is a viewing platform, ten interpretive stops and three boardwalks that traverse the marsh and open water. The trail guide and map is available at the trailhead.

**Pine Orchard** (4 miles RT, moderately easy) This walk culminates at an isolated grove of enormous white pines that are 200 to 250 years old and have trunk diameters that exceed six feet.

### Historic Sites

**Old Cemetery** A short trail leads to an old cemetery containing the grave of Colonel Peck, Hamilton County's only Revolutionary War officer.

**Griffin** View the waterfall below the bridge from above or below. Look for old foundations from the tanneries and logging operations that once thrived in the village of Griffin. An old road leads west to Auger Falls – a four mile round-trip walk over level terrain.



Bakers Mills-Chestertown-Corinth  
Fourth Lake-Hadley-Hope Falls-Johnsburg  
Lake Luzerne-Stony Creek-Warrensburg-Wells  
HAMILTON, WARREN & SARATOGA COUNTIES

Views

Hadley Mtn. (3.6 miles RT, moderate) This open summit provides one of the finest panoramas in the southern Adirondacks. Views can be attained from the summit itself and from the restored fire tower which is staffed by an interpreter in July and August.

Crane Mtn. (3.8 miles RT, moderately difficult) This justifiably popular mountain with its spectacular views has several different trails that lead to its summit. The shortest trail to the top uses ladders to ascend several cliff faces. There is a long rocky ridge to explore and a scenic pond near the summit.

Lakes

Cod Pond (2.4 miles RT, easy) This attractive small pond has rocky shores and is home to numerous animals and birds.

Kibby Pond (3.6 miles RT, easy) This is a nice woods walk with a gentle climb to a stocked pond that is a favorite with anglers.

Murphy, Middle and Bennett Lakes (8.3 miles, moderately easy, two cars needed) This route follows an old road and trail once used by early settlers who farmed and mined in this area. You'll pass a series of very attractive lakes, an old ferrous oxide pigment mine — the red paint was processed in nearby Northville and used on many area buildings — and the stone walls, foundations and apple trees of the former homesteads.

Waterfalls/Old Growth Trees

Oregon Trail (2.4 miles RT, easy) This follows part of an old road which led to Stony Creek. Walk as far as the waterfall and a picturesquely bridge crossing at an old dam site; there are wetlands beyond this point.

Tenant Creek Falls (4 miles RT, easy) Three beautiful waterfalls grace Tenant Creek. The first one — only .5 miles upstream — is a good destination for children. An unmarked path parallels the south side of the stream to an ideal picnic spot beside a deep pool at the base of the 50-foot waterfall. Continue to follow the stream to reach the equally impressive set of falls further up.

Historic Sites

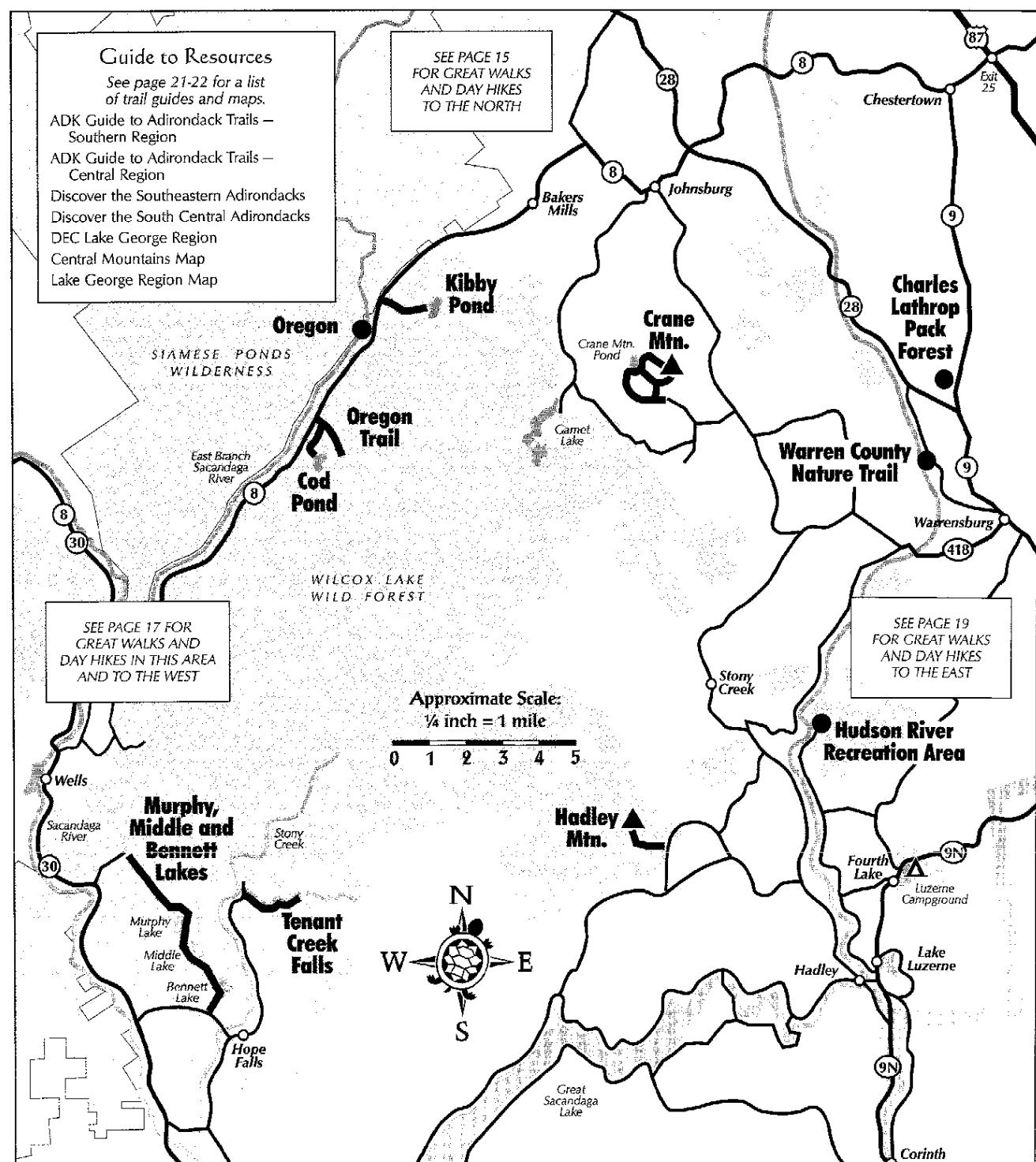
Oregon Explore the site of the Oregon Tannery, one the largest in the Adirondacks, and the remains of the Hudnut Estate and gardens. Take a walk along the estate road and beside the scenic gorge-like stretch of river. All that's left of the extensive estate and tannery operation are some stone foundations.

Nature Trails

Charles Lathrop Pack Forest (1 mile, easy) This nature trail has been especially constructed to be accessible to people with disabilities. The hard-surfaced trail winds through a marsh environment, over a boardwalk and through a grove of old-growth hemlock trees. Be sure to stop by the extremely huge white pine referred to as The Grandmother Tree. An informative trail guide is available at the trailhead.

Warren County Nature Trail (1.4 miles, easy) This walking trail along the Hudson River passes some unusual rock formations at the river's edge and features 29 points of interest along the way. A descriptive trail map is available at the trailhead.

Hudson River Recreation Area (easy to moderate) Various short nature trails lead to scenic waterfalls and streams, and through peaceful woodland forests. A longer walk follows the shore of the Hudson River. The area also has several canoe access sites.



## Adirondack Great Walks & Day Hikes

Bolton-Bolton Landing-Chestertown-Fort Edward-Glens Falls-Hudson Falls-Hulett's Landing-Lake George-Pilot Knob-Warrensburg-Whitehall

WARREN & WASHINGTON COUNTIES

### Views

#### EAST SIDE OF LAKE GEORGE

- ▲ **Buck Mtn.** (4.6 miles RT from the north and 6.6 miles RT from the south, moderate) It is a steady climb to the top of this mountain from both directions but the southern approach has several overlooks along the way. The open summit has panoramic views of the southern Lake George basin.
- Black Mtn. (5.6 miles, difficult) From this interesting loop you'll see Black Mountain, Round and Lapland ponds and uncrowded views from the summit's south side. When you arrive on the summit you will be greeted by outstanding views in all directions as well as a ranger's cabin, a tower with a large antenna on the top and a power generating windmill.
- ▲ **Sleeping Beauty Mtn. Loop** (7.8 miles, moderate) This trail has switchbacks to ease the ascent up to the summit where there are great views from the open ledges. On the return you'll pass small Bumps Pond and take a detour to circle remote Fishbrook Pond which is especially picturesque.

#### TONGUE MOUNTAIN RANGE (see rattlesnake notice on map)

- ▲ **Deer Leap** (3.4 miles RT, easy) This is a popular and easily reached lookout over northern Lake George.
- ▲ **Five Mile Mtn.** (7 miles RT, difficult) This is a rugged route passing through forested terrain with clearings and overlooks along the way. There is a steeper and slightly longer approach (7.4 miles RT) to this peak from the Clay Meadow trailhead.

- French Point Mtn. (8.8 miles RT, difficult) A cascading waterfall is located near the beginning of the trail just as you start the steep ascent up to the ridge. Almost continuous views are possible from the rugged ridgeline trail to the grand finale at French Point Mountain with its view south through the Narrows of beautiful Lake George.

- Northwest Bay Trail** (10.8 miles RT, moderate) Montcalm Point is the final destination of this beautiful and rugged lakeside trail. There are many scenic views, cascading streams, mossy cliffs and deeply shaded hemlock glens.

### Lakes/Waterfalls

- ▲ **Lakeshore Trail** (3.5 miles, easy) Old carriage trails start from various points along Shelving Rock Road and lead to the Shelving Rock Falls area and down to the lake. The Lakeshore Trail has beautiful lakeside views and several day-use picnic areas. Use caution near the wet and slippery waterfall area.
- Warren County Bikeway** (9.5 miles one way, easy) Extending from the shore of Lake George to the Glens Falls Feeder Canal, this paved bikeway leads through forested foothills over gradual terrain. The bikeway is suitable for walking and strollers, and some sections of it are appropriate for use by people with disabilities. A map and guide is available; call 518-623-2877 or 518-623-5576.

### Historic Sites

- Opera Museum** (admission fee to museum) Beautifully situated on a wooded promontory of Lake George, the Marcella Sembrich opera studio-museum offers a lovely walk around well-maintained grounds with spectacular views of the lake. 518-644-9839.

- ▲ **Prospect Mtn.** (3 miles RT, difficult) This is a steep hike that is near the route of an old funicular railway, once the world's longest cable railway, to the site of the former summit hotel. The outstanding views from the summit are also accessible via the scenic toll highway.

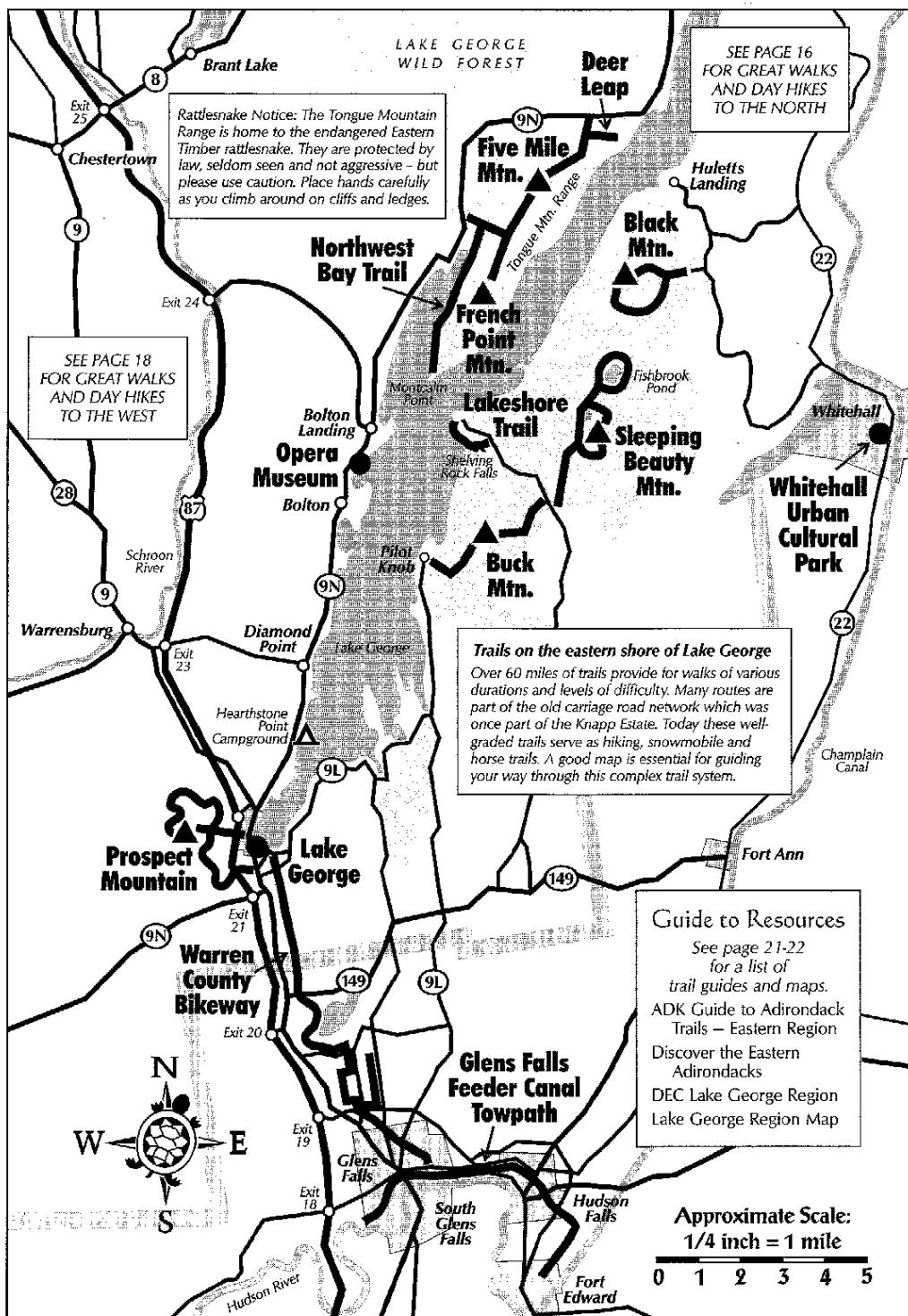
- Colonial Wars of Lake George** (3.3 miles RT, easy) This self-guided walking tour takes approximately two hours to complete and visits 20 points of interest and monuments in the Village of Lake George. A trail guide is available from the Lake George Chamber of Commerce, 518-668-5755.

- ▲ **Glens Falls Feeder Canal Towpath** (7 miles, easy) Take an interesting walk or bike along the towpath of this historic canal from the feeder dam to Fort Edward. You can also canoe the canal to the Glens Falls dam. Some sections of the route are accessible to people with disabilities. A map and guide is available from the Glens Falls Feeder Canal Alliance, 518-792-5363.

- Lake George Area Historical Sites and Markers** Visit over 30 French and Indian War-era sites and historical markers in the immediate village area including **Fort William Henry** (518-668-5471) with its commanding view overlooking beautiful Lake George. This is an interesting driving and walking tour which can be tailored to your own personal interests and time schedule. Free maps are available from the Lake George Chamber of Commerce, 518-668-5755.

- Whitehall Urban Cultural Park** An interesting walking tour starts from the Visitor Center at Skeneborough Museum (518-499-0716). It parallels the original Champlain Canal and passes several old locks in Riverside Park, and then returns along Main Street. All the buildings along this route are on the National Register of Historic Places — most were built in the mid- to late-1800s. Drive up to magnificent Skene Manor, built in 1874-75, for a birds-eye view of the village. 518-499-1155.

## ADIRONDACK REGIONAL TOURISM COUNCIL



## Backcountry Guidelines

## Plan ahead and prepare

- Plan ahead and prepare for drastic weather changes during your trip, especially during spring and fall. Check forecasts.
- Schedule your trip to avoid times of high use.
- Contact the Regional DEC office to identify additional local regulations.
- Advise responsible persons of your route and your return plans.
- Study your map route and guidebooks in advance.
- Know how to use each piece of your equipment before your trip, especially your map and compass.
- Repackage your food to minimize waste.
- Sign in and out at all trail registers.
- Do not travel alone. Go with people who can help you in an emergency. Stay together.
- Survival equipment should always be part of your gear and includes: compass, topographic map, jackknife, waterproof matches, candle, extra food, non-plastic rain gear, extra clothing, first aid kit, whistle, flashlight and extra batteries, light tarp and space blanket and 30 feet (10 m) of nylon cord.
- Clothing should be loose fitting and protect you from the wind, rain and cold. Several light, fast-drying layers of wool, acrylic or polyester clothing can be adjusted to avoid sweating or chilling. Avoid 100% cotton clothing, especially blue jeans and sweatshirts. Boots should provide ankle support, have non-slip soles and well-defined heels. Sneakers and running shoes are not adequate for backpacking.
- Save your energy by starting your hike slowly. Don't race. Let the slower person set the pace. You will avoid overheating and lessen the chances of falls or injury. Take frequent short rest stops and enjoy the scenery.
- Hypothermia is the loss of body heat and energy, which can cause death in a few hours. If a person suddenly begins stumbling, loses control of arms or legs, needs longer rests, or acts dazed; he has symptoms of hypothermia. It is critical to get the person warm and dry quickly. Get out of the weather. Give warm, sweet, non-alcoholic fluids. Put on dry clothes.
- No water can be considered potable. It is recommended that drinking water be given a "rolling" boil, treated chemically, or filtered using a filter designed for that purpose.
- Set a time to turn back to camp before your hike begins, and stick to it. Turn back early if anyone becomes exhausted or is suddenly drenched, or if a lightning storm approaches when you are on a high point. If you are not adequately equipped for conditions such as snow, ice and high winds, go back.

## Travel and camp on durable surfaces

- Stay on trails. Hiking outside of the established treadway contributes to erosion, tramples plants, and creates wide or multiple paths. In muddy or wet stretches, stay on exposed rocks or wooden planking where possible. Wearing gaiters over boots helps keep mud out, allowing you to walk through wet places when there are no planks. Do not shortcut switchbacks – it saves little time and causes gully formation and erosion.
- In alpine areas walk only on the trail or on exposed rock. Many types of alpine vegetation are extremely fragile, and damage is usually long-term. Harsh growing conditions and thin soils provide challenge enough for alpine plants. In the Northeast, almost without exception, it is never appropriate to camp in alpine zones. These beautiful, scarce and heavily traveled areas need our care if they are to remain healthy.
- Smaller groups do less damage to the environment. Groups of 10 or more people must hold a Group Camping Permit. Overnight groups of more than 9 people are not permitted in the Eastern and Western High Peaks Wilderness zones. A permit must also be obtained if your group

intends to stay in the same site for more than three nights. The Group Camping permit MUST be obtained from the Forest Ranger in whose area you intend to camp. You are advised to process your application well in advance of your planned trip date. Contact the DEC Regional Office to find which Forest Ranger to contact; telephone (518) 897-1200.

- **Streams and rivers are our water supply. Keep them clean.** Don't put anything in them that you wouldn't drink.
- **Locate your camp at a designated campsite whenever possible.** When no designated site is available establish your camp at least 150 feet (45 m) away from the trail or any body of water.
- Tents may not be erected in, or adjacent to, lean-tos at any time.

## Pack it in, pack it out

- **Pack out what you pack in.** Litter is a great wilderness destroyer, yet an easy problem for each of us to correct.

## Dispose of what you can't pack out

- **Correctly disposing of human waste helps prevent pollution of water sources, the spread of illness such as Giardiasis, and aesthetic impacts on other visitors.** Some designated campsites have outhouses. Use these facilities whenever possible.
- **An individually dug "cathole" is the most widely accepted means of backcountry waste disposal.** Catholes should be located 150feet (45 m) from water, trails, camp and gullies. Go for a short walk to find an appropriate site away from camp. To promote decomposition, dig a hole four to eight inches deep and four to six inches in diameter. After use, cover it with the soil plug, and disguise it with natural materials. It is inappropriate to deposit human waste under rocks because the rock inhibits moisture and heat that aid decomposition.
- **Toilet paper & feminine hygiene products.** Use toilet paper sparingly and use un-dyed and unscented brands. Toilet paper must be disposed of properly! Doing so is simple and requires very little effort. A good method is to pack it out in doubled plastic bags, which effectively confines odors. Burying toilet paper or used feminine hygiene products is unacceptable because of slow decomposition and the high likelihood that animals will dig it up. Toilet paper should not be burned – it rarely burns completely and is a fire hazard.
- **Use a sump hole for depositing gray water from cleaning dishes.** This is a hole dug similarly to a cathole that is re-covered after use. Sump holes concentrate wastewater and associated food odor, localizing it in the kitchen, rather than broadcasting it over a larger area.

## Leave what you find

- **Avoid damaging trees and plants.** Some backcountry camping practices, once favored and suitable, are no longer necessary. This has come about because of an increased use of wildlands, a better understanding of our impacts upon them, and the development of new and better equipment.
- **A hiker picking flowers, leaves, edible berries, or plants may seem harmless, but the cumulative effect of many hikers doing so becomes quite damaging.** We are never sure just how much "harvesting" has already been done. In high-use or easily accessed wildlands it is best to simply admire flowers and plants. Take them home in photographs, drawings and memories. In remote areas, sampling a few berries or fiddleheads, or collecting a few leaves may be appropriate, but never do so in alpine zones, in any area where they are scarce or where vegetation will be trampled in the process. The flowers, trees, and colors of the forests are most appropriately enjoyed where we find them.
- **Reduce your impact on other visitors.** Being friendly and outgoing toward other hikers and campers is a natural trait of backcountry visitors, but every visitor has a desired level of socialization or solitude.

Around shelters or designated campsites, share news of the day's events with other groups, and enjoy the camaraderie fostered by a dry spot in a rainstorm, but remember to be respectful of others' needs for cooking and sleeping space, and for a good night's sleep.

- **Portable radios and tape players often disturb other visitors and wildlife.** Technological "conveniences" such as cellular phones, GPS devices, etc. may harm the integrity of some visitor's wilderness experience. If you plan on using such items, do so unobtrusively and consider whether they contribute to the backcountry experience you and others are seeking, or instead cause you to miss elements of it.

- **If considering bringing a pet, you have the responsibility to keep that pet under your complete control at all times.** Pets should be leashed in campsites, at elevations above 4,000 feet (1220 m), and in areas where others congregate. A well-behaved dog can be an excellent companion on the trail, but a rambunctious one can create undue impacts by frightening wildlife and other hikers, digging, and creating waste problems. Also remember that pets, like us, may be out of condition, ill prepared for rugged terrain, and susceptible to injuries. All things considered, leaving a pet at home is often the wisest option.

- **Respect private land.** Many access points and lands visited by backcountry visitors in the Northeast are privately owned. Cross them with the respect we would ask of strangers crossing our own property. Park your vehicle only in appropriate locations where it won't interfere with roads or other travel ways. Keep noise and visibility low, and do your part in picking up litter and helping to maintain the trail corridor. Each individual landowner may post or express specific concerns – obey them and alert others on the trail so that no inadvertent problems arise. Failure to respect private lands and landowner's wishes can result in loss of access to everyone.

## Minimize use and impact of fires

- **Avoid any use of open fires in the backcountry, especially where high use levels have caused excessive impact, and during dry spells when forest fire danger is high.** Wind also presents a danger when a fire is burning. Wherever signs of fire overuse are present – such as a forest floor barren of sticks and downed wood or branches broken off of standing or downed trees – fires should not be built. Plan on carrying a stove for cooking and carrying a flashlight or candle lantern for light.
- **In areas where open fires are permitted, campfires should only be built if there is abundant dead and downed wood gathered from the ground away from camp.** Take the time to walk a few minutes away from camp, then gather wood a few pieces at a time from a large area. Use small-diameter wood no larger than an adult's wrist as this burns completely, making clean up easy. Never break branches or strip bark off of any trees, live or dead. Doing this leaves stubs and scars and branchless trees that take away from the feeling of wilderness many people seek. Attend the fire closely.
- **At established sites, use existing fire rings.** These help concentrate the impact associated with fires and keep surrounding areas in more natural condition. Constructing new rock rings for campfires or building fires against boulders or ledges is inappropriate as it blackens rocks and disturbs underlying soils.
- **Fires should be burned down to ash or a very small coal, as this helps minimize the impacts of the fire.** All fires should be dead out and cleaned up before leaving camp. Remove any litter, and if there is any unused wood, scatter it in the forest. If a fire ring is full of ashes, consider scattering the cold ashes away from camp over a wide area of vegetated ground. They will mix into the soil of the forest floor and mimic the remains of natural forest fires.

## Dept. of Environmental Conservation

For trail conditions, backcountry information and permits, fishing and hunting regulations and licenses, consult the DEC offices listed below. Normal office hours are Monday - Friday, 8:30 am to 4:45 pm.

**DEC Headquarters**  
50 Wolf Road, Albany, NY 12233-0001 518-457-7433  
[www.dec.state.ny.us](http://www.dec.state.ny.us)

**DEC Region 5**  
(Franklin, Essex, Hamilton, Warren, Fulton, Saratoga & Washington Counties)

**DEC Region 5 Headquarters**  
Route 86, Box 296, Ray Brook, NY 12977 518-897-1200

**DEC Region 5 Sub-Offices**  
Main St. Extension, Northville, NY 12134 518-863-4545  
Box 220, Warrensburg, NY 12885-0220 518-623-3671

**DEC Region 6**  
(St. Lawrence, Lewis, Herkimer, Jefferson and Oneida Counties.)

**DEC Region 6 Headquarters**  
317 Washington St., Watertown, NY 13601 315-785-2263

**DEC Region 6 Sub-Offices**  
6739 US Highway 11, Potsdam, NY 13676 315-265-3090  
225 North Main St., Herkimer, NY 13350 315-866-6330  
RD 3, Box 22A, Rt. 812, Lowville, NY 13367 315-376-3521

Park-wide Emergency Dispatch Telephone: 518-891-0235

## Adirondack Fishing Hotlines

DEC Region 5 North ..... 518-891-5413  
DEC Region 5 South, Warrensburg ..... 518-623-3682

## DEC Publications

Obtain these free brochures by calling the DEC.

5 Rules for Survival  
Tips for Using State Land  
Use of NYS Public Forest Land  
Deer River Horse Trail  
Horse Trails in NYS  
Otter Creek Horse Trail  
Nordic Skiing Trails  
Snowmobiling in NYS  
Adirondack Canoe Routes  
Adirondack Mountain Reserve  
Big Moose Region  
Blue Mountain Lake Region  
Bog River Flow  
Brewster Peninsula Nature Trails  
Cranberry Lake Region  
Greenwood Creek State Forest  
High Peaks, Trails in the  
Lake George Region

Lake Lila Wilderness Area  
McKeever-North Lake Region  
Moose River Recreation Area  
Northville-Lake Placid Trail  
Old Forge-Brantingham Lake  
Saranac Lake Area  
Camping Middle Saranac  
Camping Upper Saranac  
Schroon Lake Region  
Siamese Ponds Wilderness  
Stillwater Reservoir  
Wolf Lake State Forest

NEW PUBLICATIONS:  
Croghan Tract  
Massawepie Area  
Santa Clara Tract  
Tooley Pond Tract  
William C. Whitney Area

## Adirondack Mountain Club Books

## ADK Guides to Adirondack Trails

Adirondack Mountain Club,  
Neal S. Burdick, Series Editor.  
Reprinted with revisions.

A comprehensive series of trail guides covering hiking opportunities in the Adirondack Park. Includes a topo map, trail descriptions, and directions to trailheads. Numbered trails on the maps match numbered trail descriptions in the books.

## 1. High Peaks Region

Tony Goodwin, editor, 139 trails, 1998. The definitive guide to trails in the High Peaks region.

## 2. Northern Region

Peter V. O'Shea, 1999. 84 trails in Clinton, Franklin and St. Lawrence counties, and northern Hamilton County.

## 3. Central Region

Bruce C. Wadsworth, 2000. 74 trails south of High Peaks to Siamese Ponds Wilderness/Rt. 8 bounded by Rt. 30 to west and Rt. 9 on east.

## 4. Northville-Lake Placid Trail

Bruce C. Wadsworth, 2000. Description and mileage guide to the 133-mile trail that traverses the heart of the Adirondack Mountains.

## 5. West-Central Region

Arthur W. Haberl, 2000. 129 trails south of Stillwater, east of the Park's "blue line," north of Rt. 8 and west of Northville-Placid Trail.

## 6. Eastern Region

Carl Heilman II, 1999. 100 trails in the eastern Adirondacks from Valcour Island to Lake George, includes the Pharaoh Lake Wilderness.

## 7. Southern Region

Linda Laing, 2000. 62 trails in the Silver Lake Wilderness and the region bounded by Route 8 to the north and Lake George to the east.

## An Adirondack Sampler: Day Hikes

Bruce Wadsworth, Adirondack Mountain Club, 1998. Descriptions and page maps for 50 day hikes for all seasons in the Adirondack Park, includes hiking time and difficulty rating.

## An Adirondack Sampler II: Backpacking Trips

Bruce Wadsworth, Adirondack Mountain Club, 1996. Descriptions and page maps for 25 backpacking trips for all seasons in the Adirondack Park, includes hiking time and difficulty rating.

## Kids on the Trail!

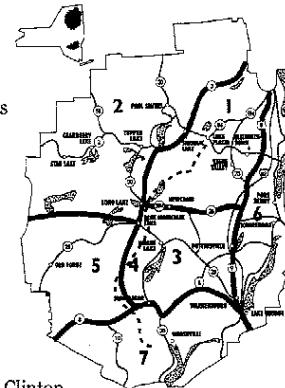
Rose Rivezzi & David Trithart, Adirondack Mountain Club, 1997. 62 hikes, walks and opportunities to explore with children on trails throughout the Adirondack Park. Plus tips for hiking with children.

Books and maps published by the Adirondack Mountain Club (ADK) are available in bookstores or at ADK Headquarters Information Center, Rt. 9N South (I-87 Exit 21) in Lake George, NY, and the High Peaks Information Center, Adirondak Loj Road, Lake Placid, NY. For a list of publications, or to order by phone, call 518-668-4447 or (for orders only) 1-800-395-8080 (M-Sat, 8:30-5:00), or write: ADK Publications, 814 Coggins Road, Lake George, NY 12845. Visit our Website: [www.adk.org](http://www.adk.org)

## Guidebooks

## Discover the Adirondacks Series

Originally published by Backcountry Publications, these guides are being revised and reissued by Lake View Press and distributed by North Country Books of Utica, NY. This series of guidebooks (see map in advertisement on page 22) covers popular trails, hidden destinations, unmarked paths and bushwacks, ski touring trails and canoe routes. Includes topographic page maps and descriptions of the history, geology, flora and fauna found along the way.



## 1. Discover the South Central Adirondacks

Barbara McMartin, 1993. Four-season adventures that include the Siamese Ponds Wilderness Area, 90 outings.

## 2. Discover the West Central Adirondacks

Barbara McMartin and Lee M. Brenning, with the assistance of Dennis Conroy, John and Sandy Edwards, 1998. A guide to the western wilderness and the Moose River Plains, 176 outings.

## 3. Discover the Central Adirondacks

Barbara McMartin, with the assistance of Dennis Conroy, James C. Dawson, Edythe Robbins, 1995. Four-season adventures in the heart of the north woods, 74 outings.

## 4. Discover the Eastern Adirondacks

Barbara McMartin, with the assistance of Edythe Robbins, 1998. Four-season adventures near Lake George, Pharaoh Lake, and beyond, 108 outings.

## 5. Discover the Southeastern Adirondacks

Barbara McMartin, with the assistance of Willard Reed, 1999. Four-season adventures on old roads and open peaks, 67 outings.

## 6. Discover the Southern Adirondacks

Barbara McMartin, with the assistance of Stanford Pulrang, 1999. Walks, waterways, and winter treks, 104 excursions.

## 7. Discover the Southwestern Adirondacks

Barbara McMartin, Lee M. Brenning, William P. Ehling, Scott K. Gray III, with the assistance of Stanford Pulrang, 1995. Four-season adventures in the wild-forested foothills, 118 outings.

## 8. Discover the Northwestern Adirondacks

Barbara McMartin, Lee M. Brenning, William P. Ehling, Scott K. Gray III, with the assistance of Francis B. Rosewear and Anne L. Burnham, 1994. Four-season adventures through the boreal forest and the Park's frontier region, 107 outings.

## 9. Discover the Northern Adirondacks

Barbara McMartin, Patricia Collier, James C. Dawson, Phil Gallos, Peter O'Shea, with the assistance of E. H. Ketchledge, 1998. Four-season excursions from Lake Placid, Saranac Lake and points north, 98 outings.

## 10. Discover the Northeastern Adirondacks

Barbara McMartin, Dennis Conroy, James C. Dawson, 1993. Four-season adventures from Lake Champlain to the rock-crowned eastern slopes, 90 outings.

## 11. Discover the Adirondack High Peaks

Barbara McMartin, with Lee Brenning, Phil Gallos, Don Greene, E. H. Ketchledge, Gary Koch, Willard Reed, 1998. 150 outings.

Maps

Adirondack Trails — ADK Topographic Maps

Adirondack Mountain Club, revised 1999, 2000. Each of the topographic maps enclosed in the ADK guidebooks is also sold separately.

Adirondack Map Series

Plinth, Quoin & Cornice Assoc., Keene Valley, NY 12943. Available at area stores. 1:62,500 scale (approx. 1 inch = 1 mile). Contour interval 20 feet. Series of five maps (35" x 45") covering most of the Adirondack Park includes contour lines, elevations, several different types of trails, campgrounds, leantos and launches. State land vs. private land is not shown. The USGS Quadrangles covered by each map are listed below.

**1. Central Mountains:** Blue Mountain, Harrisburg, Indian Lake, Lake Pleasant, Newcomb, Piseco Lake, Raquette Lake, Thirteenth Lake, West Canada Lakes. **Northville-Lake Placid Trail** is on the back.

**2. High Peaks Region:** Ampersand Lake, Ausable Forks, Bloomingdale, Elizabethtown, Keene Valley, Lake Placid, Lewis, Mount Marcy, Saint Regis Mountain, Santanoni Peak, Saranac Lake, Wilmington, Witherbee, Upper Saranac Lake.

**3. Lake George Region:** Bolton Landing, Glens Falls, Lake Luerne, North Creek, Paradox Lake, Schroon Lake, Ticonderoga, Whitehall.

**4. Northwest Lakes:** Blue Mountain, Childwold, Cranberry Lake, Long Lake, Raquette Lake, Saint Regis, Stark, Tupper Lake.

**5. West-Central Wilderness Area:** Big Moose, Blue Mountain, Indian Lake, McKeever, Number Four, Old Forge, Raquette Lake, West Canada Lakes.

New York State Atlas & Gazetteer

Published by DeLorme Mapping Company, Freeport, ME. 11x16 format, paper. Detailed road maps with topo contours, hiking trails and special symbols locating features described in the Gazetteer section. The distinction between public and private lands is not illustrated. Extremely useful for finding your way around on back roads.

U.S. Geological Service Topographic Maps

USGS Topo Maps are the most detailed maps available. Most area sporting goods stores carry local Adirondack maps. You can also order them directly from USGS Map Distribution Federal Center, Building 41, Box 25286, Denver, CO 80225. Allow 4-6 weeks for delivery. Call USGS at 1-800-USAMAPS.

North Country Books

311 Turner Street, Utica, NY 13501  
315-735-4877 • Fax: 315-738-4342



A complete selection of Adirondack books and gifts. We carry books on hiking, canoeing, fishing, camping, biking and skiing, as well as histories, nature guides, folklore and others. Send or call for free catalog.

Other Guidebooks

50 Hikes in Central New York

William P. Ehling, Backcountry Publications, 1998. Descriptions and page maps for hikes in the Western Adirondacks and Finger Lakes.

50 Hikes in the Adirondacks

Barbara McMartin, North Country Books, 1997. Descriptions and page maps for day hikes and backpacking trips. Includes hiking time, historic details, and the local geology, flora and fauna.

Adventures in Camping

Barbara McMartin, with Lee M. Brenning, North Country Books, 1996. An Introduction to Adirondack Backpacking. Descriptions and maps for 45 outings plus techniques, equipment, and trip planning

Adventures in Hiking

Barbara McMartin, North Country Books, 1993. A Young People's Guide to the Adirondacks. Descriptions and maps for over 30 outings. Includes the basics of hiking, ecology, safety, and hiker's terminology.

Longstreet Highroad Guide to the New York Adirondacks

Phil Brown, 338 pages, 1999. Features great places for summer and winter activities with highlights about local geology, flora and fauna.

Paths Less Traveled

Dennis Aprill, 1998. Discover the beauty of the region on 23 of the smaller, less publicized mountains of the Adirondacks.

Walks in Nature's Empire

Scott Edward Anderson, The Countryman Press, 1995. Exploring the Nature Conservancy's Preserves in NY State.

General Services

See map page 11.

Adirondack Realty

Main Street, Route 73, P.O. Box 85, Keene Valley, NY 12943  
518-576-9840 • Fax 518-576-4520 • [information@adkrealty.com](mailto:information@adkrealty.com)



- Vacation Rentals
- Home Sales
- Land Sales

Visit our website at [www.adkrealty.com](http://www.adkrealty.com)



See map page 17.

Charlie Johns Store

The Four Corners, Routes 8 and 30, Speculator, NY 12164  
518-548-7451 • 888-548-7455 • [www.charliejohns.com](http://www.charliejohns.com)



Supermarket, general store, deli, bakery. Year-round. An extensive section of Adirondack books and maps, over 300 titles, wide variety of subjects. Large camping and RV section, housewares and basic clothing. Summer outdoor living items and large display of inflatables.

See map page 14.

The Lake Store

Route 30, P.O. Box 293, Indian Lake, NY 12842  
518-648-5222 (phone & fax)



Established 1946. Groceries, hunting and fishing supplies and licenses. Camping needs, clothing, souvenirs, moccasins, hiking boots, maps, guide books, soda fountain. Credit cards accepted. Year-round.

See map page 17.

Speculator Department Store

Route 8, P.O. Box 168, Speculator, NY 12164  
518-548-6123 • Fax 518-548-3909



Quality clothing at reasonable prices. Pendleton, Woolrich, Johnson Mills, Jantzen. Footwear by Minnetonka & Trukke. Camping & fishing supplies. Souvenirs, toys, games. Specialty meats, cheeses from Oscar's Smokehouse. Pottery and Jewelry imported from Poland.

Full-Service Outfitters

Adirondack Lakes & Trails Outfitters

168 Lake Flower Avenue, Saranac Lake, NY 12983  
800-491-0414 • 518-891-7450 • [www.adirondackoutfitters.com](http://www.adirondackoutfitters.com)



See map page 9.

Full-service outfitter for hiking, backpacking, canoeing, kayaking. Maps, books, guides & free information available in retail shop. Trip planning, equipment rentals/sales. Shuttle service. Licensed guides for hiking, camping, canoeing, kayaking. Snowshoe & X-C ski tours.

Headwaters Guide Service, Inc.

341 Southline Road, Galway, NY 12074  
518-882-6855 • Fax 518-882-9027  
[www.headwatersguides.com](http://www.headwatersguides.com)  
[hwaters@klink.net](mailto:hwaters@klink.net)



See map page 18.



Come explore with our licensed guides and naturalists.

Enjoy a walk on our basecamp trails in peaceful Stony Creek, NY, or join us hiking, canoeing, snowshoeing, skiing, or viewing wildlife.

Then, relax in one of our snug yurts

where a warm fire offers year-round comfort.

Enjoy delicious meals with your family, friends, or associates.

Custom trips • Campfires • Mountain hikes • Relaxing • Trails  
Family friendly • Stargazing • Exploring • Focused programs  
Wildlife • Views • Limitless

High Peaks Mountain Adventures

At High Peaks Cyclery, 331 Main St., Lake Placid, NY • 877-523-3764  
518-523-3764 • Fax 518-523-2368 • [www.hpmac.com](http://www.hpmac.com) • [info@hpmac.com](mailto:info@hpmac.com)



SALES, SERVICE, RENTALS, TOURS in:  
Rock climbing, mountain biking, kayaking, canoeing, hiking, winter mountaineering.  
ALSO: Indoor rock gym, half- and multi-day trips, full outfitting and trip planning.  
• Mtn. bike center at Mt. Van Hoevenberg.  
• Shop on Lake Champlain in Essex, NY.  
• Bike, run, ski, triathlon events - all year.

See map page 10.

Jones Outfitters, Ltd.

37 Main Street, Lake Placid, NY 12946 • 518-523-3468 (phone & fax)  
[www.jonesoutfitters.com](http://www.jonesoutfitters.com) • [jonesout@northnet.org](mailto:jonesout@northnet.org)



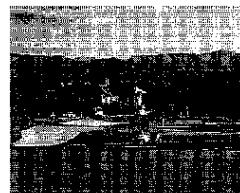
See map page 10.

We have the knowledge, maps, books, and guides to make your outing safe, fun, and memorable. Full retail store. Canoes, Kayaks and fishing gear for sale or rent. Canoes, kayaks and fishing gear for sale and rent. Let us plan your trip. We've been there!

Lodging & Camping

Alpine Inn & Restaurant

Route 86, Wilmington Road, Lake Placid, NY 12946 • 800-257-4638  
Fax 518-523-1724 • [www.alpine-inn.com](http://www.alpine-inn.com) • [alpine@capital.net](mailto:alpine@capital.net)



See map page 10.

European-style Inn & Restaurant offers complimentary continental breakfast. German-American cuisine in our Alpine Cellar with fireplace lounge. Cozy rooms, family suite, kitchenettes, fireplace chalet, 2br apt., 5br house. "You'll be making a serious mistake if you miss the Alpine Cellar..." —Skiing Magazine

Mountainman Outdoor Supply Company

Route 28, P.O. Box 659, Inlet, NY 13360  
315-357-6672 • [www.mountainmanoutdoors.com](http://www.mountainmanoutdoors.com)  
Route 28, Old Forge, NY 13420 • 315-369-6672



See map page 13.



Paddle or hike in our six-million-acre wilderness and wild forest.

- The Adirondack's largest canoe and kayak dealer — Bell, We-no-nah, Mad River, Old Town, Current Designs, Necky, Perception, Dagger, and more.
- Specializing in self-guided canoe and kayak trips along the Moose River and historic Adirondack Passage.
- Full-service hiking and backpacking supply store — Dana Designs, Mountain Hardwear, North Face, La Sportiva, Osprey, Marmot, and more.
- Canoe and kayak rentals.
- Complete outfitting and shuttle service.

Call or send for our free brochure and let us help you plan your Adirondack wilderness vacation.

Ark Trail Inn

Ark Motel, Route 9N, Upper Jay, NY 12987 • 518-946-2276



See map page 11.

Near trails and East Branch of the Ausable River. We are a nice and quiet place, our rooms are clean, comfortable, and reasonable and we believe in treating our guests in a friendly and courteous manner. Be surprised. Pets welcome. Your hostess, Edelgard Todte, VISA and MasterCard accepted.

Barber Homestead Park

Barber Road, RR1, Box 1109, Westport, NY 12993 • 518-962-8989  
[www.barberhomesteadpark.com](http://www.barberhomesteadpark.com) • [bhp@westelcom.com](mailto:bhp@westelcom.com)



Camp where the Adirondacks meet Lake Champlain.

Small "off the beaten track" quiet campground. All size RVs and tents are accommodated. E/W/S. Store, laundry, ice, recreation room, three-hole golf. Central to Adirondack attractions and hiking trails.

See map page 11.

The Book & Blanket B&B

Route 9N, P.O. Box 164, Jay, NY 12941 • 518-946-8323  
[www.adirondackinns.com/bookandblanket](http://www.adirondackinns.com/bookandblanket) • [bookinnjay@aol.com](mailto:bookinnjay@aol.com)



Situated on East Branch of the Ausable River, our 1850s Greek Revival offers three spacious guest rooms honoring authors. Walking distance to the Jay Village Green and river rapids. Bountiful breakfasts. Resident basset hound. Year-round.

See map page 11.

FREE TRAIL GUIDES

St. Lawrence County Trail Guide

FREE brochure with descriptions and maps for 35 trails. Call the DEC (315-265-3090), St. Lawrence County Forestry Dept. (315-379-0837) or the St. Lawrence County Youth Bureau (315-379-2377).

Whiteface Mountain Region Trails

FREE booklet with descriptions and maps for nine great walks and day hikes in the Whiteface Region. Available from the Whiteface Mountain Regional Visitors Bureau (518-946-2255).

## Lodging &amp; Camping

## Best Western Sunset Inn

Route 28, PO Box 261, Old Forge NY 13420  
800-528-1234 • 315-369-6836 • Fax 315-369-2607  
[www.bestwestern.com/sunsetinnoldforge](http://www.bestwestern.com/sunsetinnoldforge)



See map page 13.



*No matter the season, the Best Western Sunset Inn offers something for everyone:*

- Tropical indoor heated pool • Outdoor sun deck • Jacuzzi
- Sauna • Tennis Court • Picnic gazebo w/gas grill
- Free HBO & Showtime • Free deluxe continental breakfast
- Sr. citizens discount • Kids 12 years of age & under stay free

Open year-round, the Best Western Sunset Inn is as spectacular as its surroundings.

*"Don't Drive Past Sunset"*

## Burke's Cottages on Indian Lake

Lakeshore Drive, P.O. Box 995, Indian Lake, NY 12864  
518-648-5238

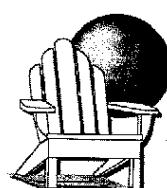


Five comfortable fully-equipped housekeeping cottages on Indian Lake in peaceful hamlet of Sabael. Hike Snowy and Baldface Mts., or numerous other local trails. Stroll to an old-fashioned general store; enjoy the invigorating Adirondack mountain air. Year-round.

See map page 14.

## Cochran's Cabins

303 Kiwassa Road, Saranac Lake, NY 12983 • 518-891-5721  
Fax 518-891-6936 • [douglas@northnet.org](mailto:douglas@northnet.org)



Adirondack-style cabins on over 20 private, wooded acres on Lake Kiwassa, which has water access to Oseetah Lake, Lake Flower and the Saranac Chain of Lakes. Each housekeeping cabin has a kitchen, wood-burning stove, screened porch and private dock. Boats and canoes available. Open year-round.

See map page 9.

## Contessa Motel on Lake George

Route 9N, Box 85A, Lakeshore Drive, Bolton Landing, NY 12814  
518-644-5921



See map page 19.

Featuring large swimming pool, cable TV, A.C., playground, basketball and volleyball court, recreation hall, grills and picnic tables. Superb restaurant. Free canoes and row-boats. Rentable boat docks. Pets welcome. Photographers paradise. May 1 - October 15.

## Glen Hudson Campsite

564 River Road, P.O. Box 35, Warrensburg, NY 12885  
518-623-9871 • [www.glenhudson.com](http://www.glenhudson.com)



See map page 18 and 19.

Riverside campground, wooded river or open sites, full hookups, tenting, quiet, peaceful, off the beaten path. Tubing, fishing, store, laundry, dump station, propane. Seasonal sites available. Minutes to Lake George. May 15 - October 15.

## Harwood Homestead B&amp;B

Ironville Section, Crown Point, NY 12928  
518-597-3429 • Hostess: Michaela McNamara



See map page 16.

Penfield Museum "next door." Overlooking Penfield Pond. Four miles from Putnam Pond trails and Pharaoh Lake Wilderness. Seven miles to Fort Ticonderoga. On Champlain Valley Bikeways. Historic register - circa 1840-42 Greek Revival. Continental breakfast. Year-round.

## Huntington Motel &amp; Cottages

HCR 2 Box 35, Wilmington, NY 12997-9705 • 518-946-2332  
[huntingtonmotel@whiteface.net](mailto:huntingtonmotel@whiteface.net)



See map page 10.

Discover the natural beauty of the Adirondacks. Canoe, fish, mountain bike, ski, snowboard - in a beautiful mountain country setting. On the West Branch of the Ausable River; magnificent view of the Whiteface Mt. range. Minutes from area rivers, lakes, and ponds. Ask about favorite canoe/hiking trips.

See map page 9.

## The Hotel Saranac

101 Main Street, Saranac Lake, NY 12983  
800-937-0211 • 518-891-2200 • Fax 518-891-5664  
[www.hotelsaranac.com](http://www.hotelsaranac.com) • email: [hsaranac@paulsmiths.edu](mailto:hsaranac@paulsmiths.edu)



AAA-3 Diamonds. Historic Adirondack Hotel and Conference Center located in NYS #1 Best Small Town. Packages available for all seasons. Restaurant and gift shop. Groups welcome. Enjoy Sunday Brunch, student's Thursday Buffet and monthly Chef's Dinner. Hiking and walking trails to NY State's 46 highest peaks are just minutes away. Return to a hot shower with unlimited hot water. Later, have a drink with "Smitty" the piano playing bear in the Boathouse Lounge.

See map page 19.

## Lake George RV Park

74 State Route 149, Lake George, NY 12845  
518-792-3775 • Fax 518-792-5923  
[www.lakegeorgervpark.com](http://www.lakegeorgervpark.com)  
[info@lakegeorgervpark.com](mailto:info@lakegeorgervpark.com)



Full-service destination camping resort for over 30 years. Over 400 equipped campsites and on-site RV rental efficiencies. All campsites include 30- or 50-amp electric, water, cable TV, sanitary hookups. Stocked fishing pond, hiking trails, bike trails, tennis courts, swimming pools. Near all major attractions.

## Lodging &amp; Camping

## Lake Luzerne Motel

296 Lake Avenue, Route 9N, Lake Luzerne, NY 12846 • 518-696-3012  
[www.lakeluzernemotel.com](http://www.lakeluzernemotel.com)



Beach • Pool • Fishing  
 Rowboats • Canoes • Kayaks  
 Paddleboats  
 Close to Hadley Mountain and the  
 Hudson River Recreation Area.  
 Season: April through October.

See map page 18.

## Landon Hill Bed &amp; Breakfast

10 Landon Hill Road, Chestertown, NY 12817 • 888-244-2599  
 518-494-2599 • [www.bedbreakfast.net](http://www.bedbreakfast.net) • [landon@bedbreakfast.net](mailto:landon@bedbreakfast.net)

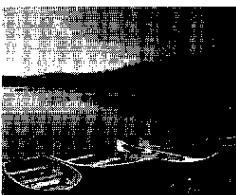


Historic local icon with 5 distinctive guestrooms, porch, common areas, and a delicious breakfast. At the crossroads of the southern Adirondacks: N. Lake George and Pharaoh, Dix, Hoffman, Siamese, Vanderwhacker wilderness areas. Maps. Fine dining, 9 bicycle tours, mtn. bike/nature trails from here.

See map page 18.

## Lapland Lake Nordic Vacation Center

139 Lapland Lake Road, Northville, NY 12134 • 800-453-SNOW  
 Fax 518-863-2651 • [www.laplandlake.com](http://www.laplandlake.com) • [lapland@klink.net](mailto:lapland@klink.net)



Adirondack Splendor - Finnish Hospitality! Lodge with us and enjoy our pristine 70-acre lake and sandy beach. Canoe, swim, fish (no motors), bike rentals. 50km trail system for hiking/mountain biking. Enjoy loon calls and brilliant starry nights. Sauna; housekeeping cottages, screened porches. Year-round.

See map page 17.

## Mountain View Inn

140 Main Street, Lake Placid, NY 12946 • 800-499-2668 • 518-523-2439  
 Fax 518-523-8974 • [www.lakeplacidlodging.com](http://www.lakeplacidlodging.com) • [info@lakeplacidlodging.com](mailto:info@lakeplacidlodging.com)



Scenic lake and mountain views, heart of village shopping and restaurant area, adjacent to Olympic Center. Cable TV, phones, complimentary coffee, refrigerators and microwaves available. Private beach club. AAA and senior discount. Children under 12 free.

See map page 10.

## Pine Knoll Motel &amp; Cottages

123 South Shore Road, P.O. Box 645, Old Forge, NY 13420  
 315-369-6740 • Fax 315-369-6501 • [pineknoll@mail.oftimes.com](mailto:pineknoll@mail.oftimes.com)



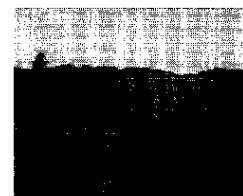
[www.oftimes.com/pinek](http://www.oftimes.com/pinek)

- Private Beach
- Boat Docks
- Weekly Rates
- Year-Round

See map page 13.

## Smiths Cottage &amp; Cabins

Route 30, P.O. Box 293, Indian Lake, NY 12842  
 518-648-5222 (phone & fax)



Completely equipped light housekeeping cottages on Indian Lake. Electricity throughout with gas for heating and cooking. Accommodations for 2 to 14 persons per cottage. May to November.

See map page 13.

## Rocky Point Resort

Route 28, P.O. Box 570, Inlet, NY 13360  
 315-357-3751 • 800-442-2251  
 Fax 315-357-3149  
[www.rockypointproperties.com](http://www.rockypointproperties.com)

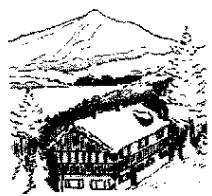


Beautiful three-bedroom, three-bath townhomes with fully equipped kitchen, great room with fireplace and private decks. On 26 acres with 2,300 feet of shoreline on Fourth Lake. Private beach, four tennis courts, indoor pool, spa. Year-round.

See map page 13.

## Town House Lodge

40 Saranac Avenue, Lake Placid, NY 12946 • 518-523-2532 (phone/fax)  
[www.lakeplacidtownhouse.com](http://www.lakeplacidtownhouse.com) • [twnhouse@northnet.org](mailto:twnhouse@northnet.org)



Chalet-style,♦♦AAA lodge, adjacent to Lake Placid, public launch, boat rental (free canoes for our guests). In the heart of the Adirondacks, very short drive to many spectacular trails and waterways, yet walk to Olympic center, Main Street activities and restaurants.

See map page 10.

## Trail's End Inn

HC1, Box 103, Keene Valley, NY 12943 • 518-576-9860 • 800-281-9860  
 Fax 518-576-9235 • [www.trailsendinn.com](http://www.trailsendinn.com) • [borchardt@kvvi.net](mailto:borchardt@kvvi.net)



Romantic 1902 Adirondack inn with spacious rooms, fireplaces, clawfoot tubs, and private cottages with fireplace and whirlpool. Hike from our back door! Full breakfast included. Lodging, meals, and meeting room available for groups. Secluded, peaceful, and near all activities. Children under 5 free.

See map page 11.

## Shaheen's Motel

314 Park Street, Tupper Lake, NY 12986 • 800-474-2445/518-359-3384  
 Fax 518-359-3384 • [www.shaheensmotel.com](http://www.shaheensmotel.com) • [shaheens@capital.net](mailto:shaheens@capital.net)



AAA approved. Spacious rooms, refrigerators, in-room coffee, continental breakfast, cable/HBO, phone, AC, adjoining/family units, queens, non-smoking available. Pool, mini-golf, picnic and playground area. Fax/copy service. Vacation packages. Lakes, trails, rivers nearby. Year-round.

See map page 8 and 9.

## Trout House Village Resort

Lake Shore Drive, Box 510, Hague, NY 12836 • 800-368-6088  
 Fax 518-543-6124 • [www.trouthouse.com](http://www.trouthouse.com) • [info@trouthouse.com](mailto:info@trouthouse.com)



Located on the shoreline of northern Lake George, log cabins with fireplaces, jet tubs. Tongue Mountain range, ridgeway views of northern Lake George. Snowshoes, cross country skis. Free color brochure.

See map page 16.

## Lodging &amp; Camping

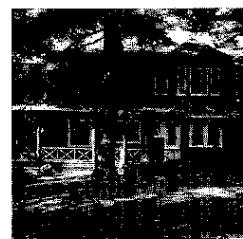
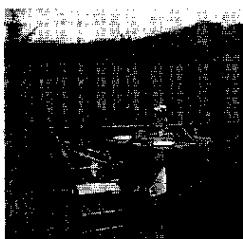
See map page 17.

## Watersedge Motel &amp; Cabins

Route 8, P.O. Box 162, Lake Pleasant, NY 12108 • 518-548-6031  
[www.blacdisc.com/water/water.html](http://www.blacdisc.com/water/water.html) • [water@blacdisc.com](mailto:water@blacdisc.com)

Located on beautiful Lake Pleasant, 2½ miles west of Speculator, NY. Quiet setting. Two cabins, six efficiencies, four motel units, game room, five rowboats, access to two lakes and many rivers. Wonderful hiking and waterfalls nearby.

## The Wawbeek on Upper Saranac Lake

Fine Dining • Rustic Lodging  
Route 30, one mile north of Route 3, on Upper Saranac Lake  
800-953-2656 • 518-359-2656  
[www.wawbeek.com](http://www.wawbeek.com) • [wawbeek@capital.net](mailto:wawbeek@capital.net)

*"The Wawbeek's restaurant is one of the best in the Adirondack Park. The setting is simply wonderful."* — The Adirondack Book. Dine with a view of Ampersand Mountain.

A turn-of-the-century "Great Camp" property, The Wawbeek is set on a sprawl of 40 acres with 1,400 feet of shoreline, a six-bedroom, six-bath lodge, individual cabins and cottages, sand beach, fleet of boats and canoes, mountain bikes and trails, walking trails, tennis courts, fishing and more.

Only slightly uncivilized. A great alternative to "roughing it."

Call for your free  
full color  
Adirondack Region  
Travel Guide  
Toll free  
1-800-487-6867



## Attractions

See map page 19.

## Adirondack Balloon Flights

P.O. Box 65, Glens Falls, NY 12801 • 518-793-6342  
[www.adkballoonflights.com](http://www.adkballoonflights.com) • [info@adkballoonflights.com](mailto:info@adkballoonflights.com)

Float beneath the colorful canopy of a hot air balloon. Experience magnificent views and the feeling of escape and freedom only a balloon flight can give. April-November. Daily at sunrise and just before sunset.

See map page 10.

## High Falls Gorge

Route 86, P.O. Box 1678, Lake Placid, NY 12946  
518-946-2278 • Fax 518-523-4229  
[www.highfallsgorge.com](http://www.highfallsgorge.com) • [info@highfallsgorge.com](mailto:info@highfallsgorge.com)

Year-round stunning scenery you won't want to miss! View the AuSable River spilling over ancient granite cliffs. Groomed paths, steel bridges and walkways provide safe access to breathtaking views. Gift shop, Restaurant, Snowshoe rental and trails. Downhill skiing rentals and accessories.

See map page 14.

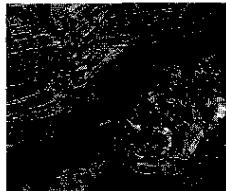
## The Adirondack Museum

Just one hour from Lake George & Lake Placid in Blue Mountain Lake, NY  
518-352-7311 • Fax 518-352-7653 • [www.adkmuseum.org](http://www.adkmuseum.org)

**One of America's finest outdoor history museums.** Called, "...the best of its kind in the world," by the *New York Times* — it's the *only* place to discover the region's history. A new Visitors Center and Museum Store welcomes visitors to the stories of how people lived, worked, traveled and played in the Adirondacks from the 1800s to the present. Two fine art galleries showcase works from regional and nationally acclaimed artists. Activities, demonstrations, games and events are all part of the Museum experience.

See map page 6.

## Ausable Chasm

Route 9, P.O. Box 390, Ausable Chasm, NY 12911  
518-834-7454 • 800-537-1211 (summer only) • Fax 518-834-1104

The Ausable Chasm Adventure — scenic vistas, nature trails, towering cliffs of Potsdam-layered sandstone, millions of years old! Walk the trails and ride a tube or take a professionally guided raft ride down the rushing waters of the gorge. Suitable for all ages. *"The Adirondack's greatest scenic walkway."* May to October.

See map page 5.

## White Pine Camp

White Pine Road, P.O. Box 340, Paul Smiths, NY 12970  
518-327-3030 • [www.whitepinecamp.com](http://www.whitepinecamp.com)

Visit a historic Adirondack "Great Camp." President Coolidge's "Summer White House." 20 architecturally unique buildings, enchanting lakeside setting on Osgood Lake. Lodges, boat houses, bowling/tennis houses, orientation video, interpretive exhibits. Cabin rentals. Tours daily 10:00am and 1:30pm in season.

See map page 14.

## Great Camp Sagamore

Sagamore Road, P.O. Box 146, Raquette Lake, NY 13436 • 315-354-5311  
Fax 315-354-5851 • [www.sagamore.org](http://www.sagamore.org) • [sagamore@telenet.net](mailto:sagamore@telenet.net)

A National Historic Site dating from 1897. The summer home of the Vanderbilt family for over 50 years. Visit for a guided tour. Or, stay for a hiking, history, arts and crafts, or Elderhostel residential two- to five-day course. Call for tour or program information.

See map page 15.

## Great Camp Santanoni on Newcomb Lake (page 15)



*The walk into Great Camp Santanoni is just one of the many outings in this publication that visit museums and explore historic sites. (See pages 8, 14 and 15 for walks to Great Camp locations.)*

**Franklin County**

Including Saranac Lake, Tupper Lake, Malone and Chateaugay  
Franklin County Tourism, 63 West Main Street, Malone, NY 12953  
518-481-1704 • 800-709-4895

website: [www.adirondacklakes.com](http://www.adirondacklakes.com) • email: [info@adirondacklakes.com](mailto:info@adirondacklakes.com)

**Hamilton County**

Hamilton County Tourism, White Birch Lane, Box 771, Indian Lake, NY 12842  
518-648-5239 • Fax 518-648-0226

website: [hamiltoncounty.com](http://hamiltoncounty.com) • email: [info@hamiltoncounty.com](mailto:info@hamiltoncounty.com)

**Essex County**

Including Lake Champlain, Lake Placid/High Peaks, Schroon Lake and Wilmington/Whiteface  
Lake Placid/Essex County Visitors Bureau, Olympic Center, Lake Placid, NY 12946  
518-597-4646 or 518-523-2445 • 800-2PLACID

website: [lakeplacid.com](http://lakeplacid.com) • email: [info@lakeplacid.com](mailto:info@lakeplacid.com)

**Herkimer County**

Including Old Forge and Stillwater Reservoir

Herkimer County Tourist Information Center, Rt. 28, P.O. Box 68, Old Forge, NY 13420  
315-369-6983 • website: [oldforgeny.com](http://oldforgeny.com)

**Lewis County**

Including Tie Hill, Black River Valley and Lowville

Lewis County Tourism, 7550 S. State St., Lowville, NY 13367 • 315-376-2213  
800-724-0242 • website: [adk.com/lewiscounty](http://adk.com/lewiscounty) • email: [lcchamber@northnet.org](mailto:lcchamber@northnet.org)

**Clinton County**

Including Plattsburgh, Rouses Point and Keeseville

Plattsburgh/North Country Chamber of Commerce, Box 310, Plattsburgh, NY 12901  
518-563-1000 • website: [northcountrychamber.com](http://northcountrychamber.com)  
email: [chamber@westelcom.com](mailto:chamber@westelcom.com)

**St. Lawrence County**

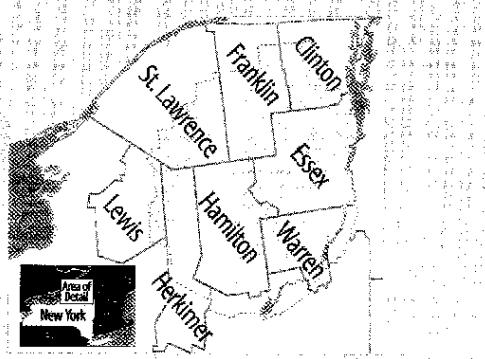
Including Cranberry Lake, Star Lake, Canton, Potsdam, and Ogdensburg

St. Lawrence County Chamber of Commerce, Drawer A, Canton, NY 13617  
315-386-4000 • website: [www.stlawrencechamber.org](http://www.stlawrencechamber.org) • email: [slccoc@northnet.org](mailto:slccoc@northnet.org)

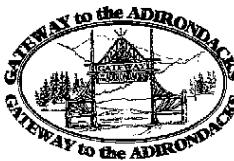
**Warren County**

Including Lake George, Glen Falls, Warrensburg, North Creek and Lake Luzerne

Warren County Tourism, 908 Municipal Center, Lake George, NY 12845  
518-761-6266 • 800-365-1050 ext. 908  
website: [visitlakegeorge.com](http://visitlakegeorge.com) • email: [info@visitlakegeorge.com](mailto:info@visitlakegeorge.com)

**Information Centers****Elizabethtown Chamber of Commerce**

P.O. Box 93, Elizabethtown, NY 12932 • 518-873-2323  
[www.elizabethtown-ny.com](http://www.elizabethtown-ny.com)

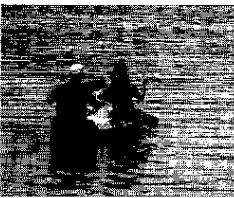


See map page 11.

Following the footsteps of their forefathers, townspeople have made sure this mountain hamlet has all one could ask for in a vacation destination; golfing, fishing, boating, swimming, hunting, mountain climbing, x-c skiing, and just relaxing.

**Indian Lake Chamber of Commerce**

P.O. Box 724, Indian Lake, NY 12842 • 800-328-LAKE • 518-648-5112  
Fax 518-648-5489 • [www.indian-lake.com](http://www.indian-lake.com) • [ilcoc@telenet.net](mailto:ilcoc@telenet.net)



See map page 14.

Indian Lake & Blue Mountain Lake. Ssshh! Was that a moose we heard? Peace and solitude combine to make the perfect day on our waterways. You never know what you might see or hear. Everyone is welcome to join us. Year-round information center.

**Adirondacks Speculator Region**

Chamber of Commerce  
P.O. Box 184, Speculator, NY 12164 • 518-548-4521 • Fax 518-548-4905  
[www2.telenet.net/community/adrkmts](http://www2.telenet.net/community/adrkmts) • Email: [adrkmts@telenet.net](mailto:adrkmts@telenet.net)



See map page 17.

Information center for Arietta, Lake Pleasant, Piseco, Morehouse, Wells, and Speculator in the Southern Adirondacks. The area for people who choose the pleasures of an outdoor vacation. Hike-Canoe-Fish-Camp. Call for information and free brochures. Year-round enjoyment.

**Tupper Lake Chamber of Commerce**

60 Park Street, Tupper Lake, NY 12986 • 518-359-3328 • 888-TUP-LAKE  
Fax 518-359-2507 • [www.tupperlakeinfo.com](http://www.tupperlakeinfo.com) • [tuppercc@northnet.org](mailto:tuppercc@northnet.org)



See map page 8 and 9.

Canoe and kayak the beautiful, pristine wilderness of the Raquette River! Enjoy countless miles of waterway adventures in the land of the lakes! Full-service outfitters, traditional Adirondack hospitality, and five great canoe races every season!

See map page 5 and 15.

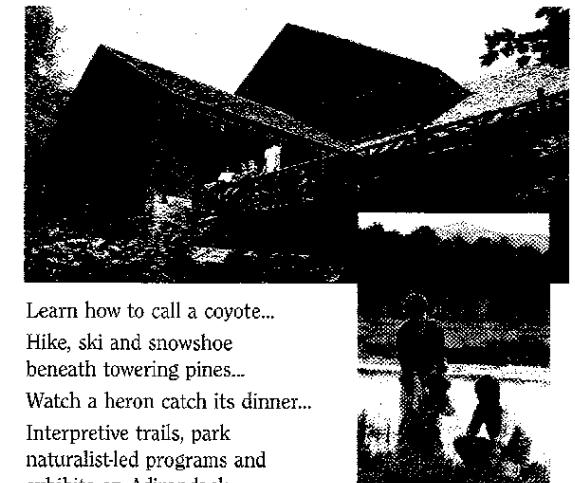
**Adirondack Park Visitor Interpretive Centers**

At PAUL SMITHS:

12 miles north of Saranac Lake on Route 30, P.O. Box 3000, Paul Smiths, NY 12970  
518-327-3000

At NEWCOMB:

14 miles east of Long Lake on Rt. 28N, P.O. Box 101, Newcomb, NY 12852  
518-582-2000



Learn how to call a coyote...

Hike, ski and snowshoe beneath towering pines...

Watch a heron catch its dinner...

Interpretive trails, park naturalist-led programs and exhibits on Adirondack natural history – all FREE.

(See page 5 and 15 of this guide for a brief description and location map.)

**OPEN DAILY,  
YEAR-ROUND:**

**9:00 am to 5:00 pm**

(Closed Thanksgiving & Christmas)

Operated by the State of New York Adirondack Park Agency

**Adirondack Park  
VISITOR CENTERS**

Paul Smiths • Newcomb

See map page 10.

**Whiteface Mtn. Regional Visitors Bureau**

P.O. Box 277, Wilmington, NY 12997 • 518-946-2255  
888-WHITEFACE (888-944-8332) • Fax 518-946-2630



[www.whitefaceregion.com](http://www.whitefaceregion.com)

Four seasons of outdoor recreation. Hike, bike, ski or fish!!!  
Affordable - Healthy - Safe  
Escape from your world into ours...